Healthy Lifestyles Cord

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| Application and Requirements |

**NAME STUDENT I.D.#**

**Criteria for Honor Cord:**

**Every applicant must have:**

* Participated and completed a **variety of PE classes**, at least 3 different PE classes
  + 2 out of the 3 PE classes must be PST and Lifetime Fitness
* Completed Personal Health and Wellness
* Pass all Healthy Lifestyles classes with an “A” in every quarter
* 3.0+ GPA

**List ALL high school PE classes you have taken and the final grade received:**

Class: Final Grade:

Class: Final Grade:

Class: Final Grade:

Class: Final Grade:

**Do not qualify for Honor Cord if student has completed any of the following:**

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| * Any Online PE or Online Health class * Summer PE Classes | * Test Out of Lifetime Fitness * Overall GPA lower than 3.0 |

**Attach an unofficial copy of your high school transcript.   
Highlight your Healthy Lifestyles classes.**