

Alta Drill Team Constitution

2021-2022

Purpose

- A. The Alta High School Las Scelles are a united group of select students with a common goal of promoting school spirit, team unity, sportsmanship, performance excellence, leadership, and representing oneself, team and Alta High School in a positive manner. Drill Team provides an opportunity for students to learn and improve their capabilities in mastering the art of dance and performance. The Las Scelles are role models to their peers and share responsibilities of supporting school activities and fostering school unity. The purpose of the Drill Team organization is...
- To promote appropriate and good school spirit.
 - To develop good sportsmanship, self-confidence, and self-discipline.
 - To promote leadership.
 - To encourage high morals and standards among its members.
 - To develop the ability to work as a part of a group in achieving common goals; TEAMWORK.
 - To promote a high level of precision dance.
 - To represent the school and community in an exemplary manner, serving as a role model for appropriate behavior and citizenship.

Membership

- A. The number of members performing in each routine will be decided by the coaches. There may be alternates depending on the following criteria: absences, tardies, injury, GPA, technical ability and attitude. All members are expected to know the routines to be passed off for grading purposes, as well as being able to perform in case of an emergency or unexpected injury. If a member should be absent for any reason, including illness, that person will not be allowed to perform. A member should have permission from coaches in advance to miss a rehearsal for ANY reason. If an absence is due to an extreme emergency, the decision of performing will be made by the coaches. School policy includes not missing school the day of a performance or competition for any reason.

- B. Misrepresenting the team or school through misconduct, drinking, smoking, use of drugs, immoral activity, or any other misdemeanor will result in disciplinary action enforced by school administration.
- C. Drill Team is a UHSAA sanctioned sport. You are required to have a minimum 2.0 GPA in order to maintain eligibility. A dancer with a GPA lower than 2.0 or Failing 2 or more classes will be put on probation (no performing) until the GPA and/or failing grades are raised. A 3.0 GPA is required in order to compete with the team. Failure to maintain a 3.0 GPA will result in alternate status for the competition season.
- D. Each member should take great pride in their health and appearance. It is very important for a competition team to look athletic and uniform. Team members will be given information and guidelines to follow for good nutrition and health. Team members will not cut or color their hair without the coach's permission. In accordance with national safety guidelines, team members cannot perform or compete while wearing fingernails longer than $\frac{1}{4}$ inch, hard jewelry or piercing of any kind.
- E. Drill Team members are expected to put their health and safety first for the betterment of the team. Potentially dangerous activities are not allowed while the athlete is a member of the team (i.e. water sports, skiing, snowboarding, snowmobiling, ice skating, etc.) An injury to one athlete can be devastating to the entire team.
- F. Drill Team members will be required to attend rehearsal on "A" mornings from 6:00-9:00 am. Credit and grade will be received for the drill team course. Grading is based on attendance, participation and assignments. Team members will also have an after school rehearsal schedule which will be determined as school begins.
- G. If it is necessary for a team member to work, she must schedule her work around drill team activities. No work excuses will be accepted. The team is required to attend practices, performances, and special events.
- H. It may be necessary at times for members to furnish rides to performances/activities when busses can not be arranged, however, when transportation is provided, all members are expected to travel with the team. A written note and telephone confirmation will be necessary in order for a member to leave an event with parents.
- I. Each member will furnish their own black practice attire including black top, black leggings, black biker shorts, turners, and black gore boot dance shoes. Each member will pay a \$600.00 yearly team fee that includes competition

fees, transportation fees, choreography fees, music, props, and rental of Alta costumes. Members will receive from these fees; performing shoes, tights and some accessories. Each member will also be required to participate in fundraisers to go toward the purchase of competition uniforms and props, which will be the property of Alta. Team members will also pay \$300 for camp. Other expenses may include: team warm ups, team pictures, letterman jacket, monthly technique classes and national competition trip. Fees can be paid in full, or in monthly installments until paid. The monthly payments will be due by the specified calendar date and will begin in May. Special payment arrangements can be made if necessary.

- J. The school/coaches assume no responsibility for any accident or injury that might occur at school, during drill team events, or away from the school grounds, and also, no financial obligations for any expenses including uniforms, competitions, or following dismissal or release from the team.

SPECIFIC DUTIES OF A DRILL TEAM MEMBER

- A. Drill team is a competitive sport and the primary area of focus will be to prepare for invitational, regional, state, and national competitions. Each member should plan to spend countless hours in preparation for these competitions.
- B. Daily practices in which to prepare for competitions, halftime performances, rallies, and assemblies therefore demonstrating an excellence in performing is a drill team responsibility. At times unscheduled, extra practices will be needed. Members will be expected to spend extra time needed to ensure a successful season.
- C. Taking a responsible role in fundraising activities and demonstrating a high degree of organizational planning, leadership, and responsibility will be expected from all team members.
- D. Participating in special motivational activities, designed to keep enthusiasm among the team, such as being responsible for treat or other incentives.
- E. Attending drill team socials and official meetings to develop a closer unity among the team.
- F. Members should be friendly and cooperative toward all, as well as exhibit good sportsmanship, fairness, and loyalty at all times. If problems arise among the team, they should be resolved immediately. Each member should offer themselves the best, individually, for the benefit of the whole team in the

areas of performance, technique, and devotion of time, positive attitude, and assuming the responsibilities of the Alta Drill Team.

- G. Drill Team is a varsity sport in which members will receive lettering certificates at the end of the season when requirements are met.
- H. All members will keep a notebook of information concerning the team and drill team class. This must be at every practice.

CAPTAINS

- A. All drill officers, whether elected or designated, carry a great responsibility. Any member wishing to hold an office must be prepared to dedicate time and energy to serve in their capacity. Officers carry an additional expectation of enforcing the rules and policies of the team under the direction of the advisors.
 - 1. The officers of this organization shall be elected after tryouts.
 - 2. Officers will be expected to follow all the rules and requirements of the organization...NO EXCEPTIONS.
 - 3. An officer may be placed on probation from office for a four week period for breaking any of the constitution rules. If an infraction happens a second time the officer will be removed from office and potentially removed from the team.

COACHING

- A. All activities of the team will be cleared and approved by the coaches. Coaches will keep the team informed of all rules and requirements affecting them. The coaches will be present at all drill team functions unless other arrangements are made.
- B. Coaches will offer constructive criticism and will always be willing to hear positive feedback or suggestions from any team member. Coaches will always try to remain fair with each team member; however, all decisions are made in the best interest of the team. Coaches will always make final decisions, and will expect rules to be followed.

PARENT INVOLVEMENT

- A. Parents play a very important role in the success of our team. It is important that every parent is POSITIVE and SUPPORTIVE of their daughter and the Alta Drill Team Program.
- B. A group of parents will be selected by the coaches each year to chair the Parent Committee. These parents will be responsible for putting together committees, facilitating and overseeing job responsibilities and uniting parents as an important part of our team.
- C. Parents are expected to have exceptional sportsmanship and should always represent Alta in a positive fashion. Negative comments and rude behavior of any kind are unacceptable and will not be tolerated. Alta has a solid reputation of great sportsmanship and professionalism that starts with the adults involved in the program.
- D. Having every person involved and excited is the best way for Alta to achieve success. There are several team activities throughout the season that involve parents (fundraisers, parties, performances, competitions, trips, etc.) Parents that get involved and get to know everyone will have a great experience and the team benefits tremendously from the positive support.
- E. If parents have questions or concerns they should be addressed with the Head Coach Via email at whitneehprice@gmail.com

FEES

- A. A fee schedule will be given to team members. The fees will have due dates and if for any reason a payment cannot be made please contact the coaches to set up an alternative schedule ASAP.
- B. Fundraisers will be done throughout the year to help the drill team organization cover additional costs.
- C. IF FOR ANY REASON YOUR DAUGHTER IS REMOVED OR QUILTS THE TEAM, SHE WILL FORFEIT THE MONEY INVESTED IN PERFORMANCE/PRACTICE UNIFORMS, ACCESSORIES, SPONSORS, ETC. No REFUNDS will be given.

SOCIAL MEDIA

- A. Social Media has brought on several issues amongst teens. Anonymous posting & cyber bullying to name a few. As a member of a school sport/organization, your job is to encourage your peers to stand for something greater and support all organizations at your school. Social Media has hit the world quickly, and in doing so, teens have not been equipped with the tools they need to safely navigate these sites. Team members are to abide by the following Social Media standards. These are subject to change at any time due to the nature of trends that come and go.
- B. If team members choose to use any of the following Social Media sites; Facebook, Twitter, Wechat, FourSquare, Flickr, WhatsApp, Reddit, Ask.fm, Tumblr, Pheed, SnapChat, Instagram, Tiktok, Pinterest or any Chat Room, the following guidelines must be strictly followed.
- Strong parental monitoring (encouraged)
 - Do not post derogatory information about fellow peers, teammates, faculty or staff at AHS.
 - Do not post derogatory comments about competitors (i.e. other High Schools)
 - Social Media is not the forum to post issues with team members, coaches, your parents or life in general. We strongly encourage that you use the sites for uplifting & encouraging thoughts.
 - Any use during class time.
 - Portray yourself in a way that would positively reinforce the reputation of the drill team.
 - If you have to stop and think whether or not something is appropriate to post, it probably isn't.
 - If coaches become aware of alleged inappropriate use of social media by members of the drill team, we will look into the allegations in collaboration with the administration. If the findings are deemed to be unsportsmanlike, members may be subject to suspensions or probation, depending on the severity of the infraction.

CAUSE FOR PROBATION, PARENT CONFERENCE, AND DISMISSAL FROM TEAM.

Members of the drill team may be dismissed from the team or put on a two-event suspension. Parents and drill team members will be asked to meet with coaches

and administrators for violating team standards. Violations include, but are not limited to:

- Smoking, underage/illegal consumption of alcoholic beverages, or any controlled substance, whether on or off campus.
 - A single infraction is grounds for probation and a parent conference. Second infraction is grounds for immediate dismissal.
- Attending parties where alcohol/drugs are used or smoking is involved.
- Cheating on any school assignments or tests.
- Dishonesty involving the drill team organization.
- Gross insubordination - disrespecting captains, coaches or AHS administration and staff at any time.
- Social media misconduct. (See Guidelines listed above)
- Engaging in violence on school property.
- Member's grades drop below a 2.0 average for any one term.
- Members losing 75-100 points.
- Any offense serious enough to harm the reputation of the drill team.
*According to the coach's discretion.
- Disrespectful speech regarding any team/organization at AHS.
- Receiving more than one "F"
- Receiving more than two "N's" and/or more than one "U"
- Having a total of two or more truants in one school year.
- More than two warnings of improper/immodest dress.

As a member of the Drill Team, members are expected to act as an outstanding role model at school and in the community. We are a program of dignity, respect and pride. No misbehavior will be tolerated.

B. POINTS SYSTEM

All drill team members start with 100 points. Opportunities are given to redeem points throughout the year at the coach's discretion. Below are the consequences for the amount of points you lose:

Warning: -60 points

Probation: -75 Points

Dismissal from the group: 100 Points

Points will be deducted for the following but are not limited to:

- Tardy (to practice or performance): - 10 Points
- Improper Dress to Practice or Day Uniforms: - 10 points

- Improper Dress to Performances: - 20 points
- Absent from Practice: Previously excused - 15 points
- Absent from Practice: Not previously excused - 20 points and Probation
- Absent from Performance: Previously excused
 - At least two weeks in advance -15 points
 - One week in advance -20 points
 - Less than one week -25 points
 - Absent from Performance: Not previously excused - Dismissal from the team
- Missing Deadline: (homework money, requested items, etc.): - 15 points
- Abuse of Social Media: - 20 points
 - 1. First Time- Warning
 - 2. Second Time- Dismissal from the Team
- Immodest Dress and Attire at School (School Dress Code): - 20 points

Individual team members will also be rewarded for the following but are not limited to:

- Exceptional work ethic
- Mastering new skills
- Serving members of the team
- Exceptional academic achievements
- Achieving personal goals

Members of the team will also work together to achieve team goals. Each team goal met will be rewarded.

Alta Drill Team Rules

1. BE ON TIME AND COME MENTALLY AND PHYSICALLY ALERT
2. ALL REHEARSALS ARE TEAM ATTIRE, NO EXTRA CLOTHING, HAIR BACK.
3. NO JEWELRY, NO NAILS, NO CHEWING GUM.
4. REMEMBER WHO YOU REPRESENT. YOUR CONDUCT REFLECTS ON THE TEAM.
5. ANY PROBLEMS OR CONCERNS WILL BE ADDRESSED IMMEDIATELY.
6. EVERY TEAM MEMBER WILL BE RESPECTED EQUALLY.
7. DISRESPECT OF A COACH WILL NOT BE TOLERATED.

8. BE PROFESSIONAL AND PREPARED.
9. ATTITUDE IS EVERYTHING.
10. PRACTICE LIKE CHAMPIONS EVERY DAY.

A WINNING TEAM IS ONE THAT FOLLOWS THE RULES AND IS RESPONSIBLE ON AND OFF THE FLOOR

I, _____, UNDERSTAND THAT BEING A MEMBER OF THE ALTA DRILL TEAM MEANS ABIDING BY THE RULES OF THIS CONSTITUTION AND LIVING UP TO THE EXPECTATIONS OF A CHAMPIONSHIP DRILL TEAM.

_____.

DANCER SIGNATURE

_____.

DATE

_____.

PARENT SIGNATURE

_____.

DATE