



¡Para ver los anuncios importantes en español en la tercera página de este boletín!

Week of October 12th, 2020

Alta High School

Soar to a New ALTitude

We are an inclusive learning community with a tradition of inspiring, supporting, and collaborating with students as they prepare to be engaged citizens in their pursuit of continuous success.

- ✓ **Split Schedule** – For the remainder of this quarter, students will be attending on a split schedule. Students with last names A-K will attend on Mondays and Tuesdays, while students with last names L-Z will participate in online learning from home. On Wednesdays and Thursdays, the groups of students will switch locations. Fridays are reserved primarily for teacher preparation. Students can expect a short review activity for each class, and they will have an opportunity to virtually connect with their teachers, as needed.
- ✓ **Online Learning** – Whether we are on the split schedule, fully online or fully in-person, some students will be learning from home. Mondays through Thursdays, students learning from home will need to engage in each of their classes on the school schedule. They can expect 40-90 minutes of work per class in one of the following formats: flipped, blended or synchronous. For information about the expectations for teachers and students in each of these formats, tips for online learning success and the Friday student engagement schedule, please view pages 5 and 6.
- ✓ **Seniors: College Application Week is This Week!** – 12th grade students will have an opportunity to complete at least one college application during their advisory class. Please come prepared with information you will need to complete an application, including your social security number and possibly drivers license number (to establish residency). Many schools are waiving their application fees during this week. If you need help paying for a college application fee, don't hesitate to reach out to your counselor. If you are completing your senior English credit online, you are invited to come to the school library from 9:00-11:30am on Friday, October 9th if you would like some assistance with your applications.
- ✓ **FAFSA Completion Night** – October is the time for 12th grade students to complete their FAFSA (Free Application for Federal Student Aid). Alta High will be hosting FAFSA Completion Night with financial aid experts from the state on Tuesday, October 13 from 6:00 – 8:00pm in the Alta High School Media Center. Parents and students are invited to attend. For students who are on-track to qualify for the Regents scholarship, a FAFSA is required. Many colleges and universities require a FAFSA in order to award any scholarships. Please bring the following items: student's Social Security Number, Driver's License Number (to establish residency) and Parents' 2019 Federal Income Tax Returns.
- ✓ **The Utah Promise Scholarship Program** fills the gap to cover tuition for any student who receives the Pell Grant but still owes tuition.
 - University of Utah For Utah Scholarship <https://admissions.utah.edu/forutah/>
 - UVU Green Light Scholarship <https://www.uvu.edu/financialaid/scholarships/greenlight.html>
 - Weber State Dream Weber Scholarship <https://www.weber.edu/dreamweber/default.html>
 - SUU Access Utah promise Scholarship <https://www.suu.edu/finaid/accessutahpromise.html>
 - SLCC promise <https://www.slcc.edu/promise/>
 - Utah State Needs based Scholarship <https://www.usu.edu/admissions/costs-and-aid/>
 - Snow College Utah Promise Scholarship <https://www.snow.edu/offices/scholarships/downloads/Utah-Promise-Application.pdf>
- ✓ **AP Students and Parents** – The window is now open to register and pay for the 2021 AP exams. This is a TWO STEP process and both steps must be completed prior to November 1st to avoid paying additional exam fees. All the information you need, including a registration tutorial, is available on our Counseling website: <https://altahscounseling.weebly.com/ap.html>. Please contact Alta's AP Coordinator, Shannon Kershaw (shannon.kershaw@canyonsdistrict.org) for additional assistance.
- ✓ **Free Meals to Fuel Friday Learning** – Fridays will be a day for at-home learning for students, and CSD's Nutrition Services Professionals will make sure they are properly fueled for a full day of study. On Thursdays, our lunchroom will double the number of meals we normally prepare, adding an extra sack meal for students to take home and enjoy on Friday. The sack meals will be made available free of charge for as long as federal grant funding remains in place. Efforts will be made to distribute the meals at the end of the school day so they can be quickly refrigerated. This is important, as the sack meals will contain perishable items. Nutrition information for the meals can be found at [CSD's online lunch menu](#).
- ✓ **Reflections Contest** – This year's Reflections Contest theme is "I matter because..." Students need to submit their entry by October 23rd at on the [Utah PTA Reflections website](#). Learn more by viewing [this video](#) and the flyer on page 7.

UPCOMING Events

*****To help prevent the spread of COVID-19, spectators will be limited at all competition and performance events.
Any person who has not obtained admission beforehand
(either online or from one of the student participants) will not be admitted into the event.***

Monday, October 12th

A-Day

Students A-K In Person, Students L-Z Online

Volleyball Game

6:00pm, Lehi High School

Tuesday, October 13th

B-Day

Students A-K In Person, Students L-Z Online

Girls Soccer Playoff Game

4:00pm, Skyline High School

FAFSA Completion Night

6:00-8:00pm, Alta Library

Volleyball Game vs Timpanogos

6:00pm, Alta Gymnasium

Wednesday, October 14th

A-Day

Students L-Z In Person, Students A-K Online

PSAT Exam

7:00am, Hawk House

Volleyball Game

6:00pm, Mountain Ridge High School

Thursday, October 15th

No School – Fall Break

Girls Soccer Quarter Finals

4:00pm, Location TBD

Friday, October 16th

No School – Fall Break

UTAH COLLEGE APPLICATION WEEK





Semana del 12 de octubre de 2020

Escuela Secundaria Alta

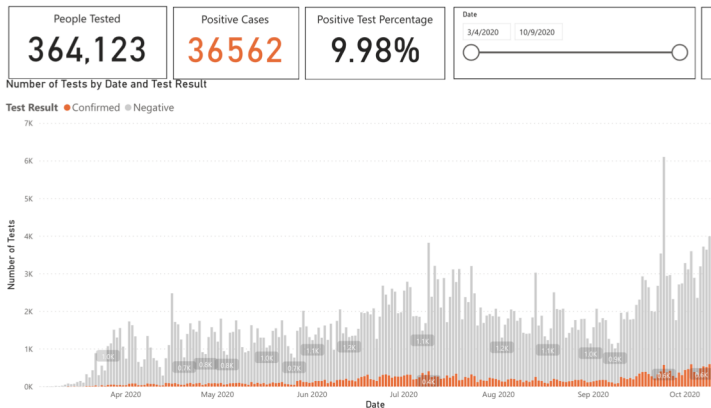
Vuela a una nueva ALTitude

Nosotros somos una comunidad con un ambiente inclusivo de aprendizaje que tiene como tradición inspirar, apoyar, y colaborar con los estudiantes en su preparación para convertirse en residentes dedicados a la búsqueda continua del éxito.

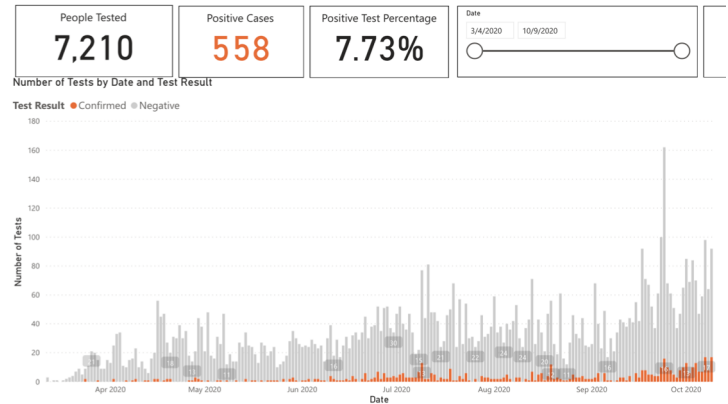
- ✓ **Horario dividido:** durante el resto de este trimestre, los estudiantes asistirán en un horario dividido. Los estudiantes con apellidos AK asistirán los lunes y martes, mientras que los estudiantes con apellidos LZ participarán en el aprendizaje en línea desde casa. Los miércoles y jueves, los grupos de estudiantes cambiarán de ubicación. Los viernes están reservados principalmente para la preparación de los maestros. Los estudiantes pueden esperar una breve actividad de repaso para cada clase y tendrán la oportunidad de conectarse virtualmente con sus maestros, según sea necesario.
- ✓ **Aprendizaje en línea:** ya sea que estemos en el horario dividido, completamente en línea o completamente en persona, algunos estudiantes aprenderán desde casa. De lunes a jueves, los estudiantes que aprenden desde casa deberán participar en cada una de sus clases en el horario escolar. Pueden esperar entre 40 y 90 minutos de trabajo por clase en uno de los siguientes formatos: volteado, combinado o sincrónico. Para obtener información sobre las expectativas de los maestros y los estudiantes en cada uno de estos formatos, consejos para el éxito del aprendizaje en línea y el programa de participación estudiantil de los viernes, consulte las páginas 5 y 6.
- ✓ **Seniors: ¡La semana de solicitud de ingreso a la universidad es esta semana!** - Los estudiantes de 12° grado tendrán la oportunidad de completar al menos una solicitud universitaria durante su clase de asesoramiento. Venga preparado con la información que necesitará para completar una solicitud, incluido su número de seguro social y posiblemente el número de licencia de conducir (para establecer la residencia). Muchas escuelas están eximiendo sus tarifas de solicitud durante esta semana. Si necesita ayuda para pagar la tarifa de solicitud de la universidad, no dude en comunicarse con su consejero. Si está completando su crédito de inglés senior en línea, le invitamos a que venga a la biblioteca de la escuela de 9:00-11:30 am el viernes 9 de octubre si desea ayuda con sus solicitudes.
- ✓ **Noche de finalización de FAFSA:** octubre es el momento para que los estudiantes de 12° grado completen su FAFSA (Solicitud gratuita de ayuda federal para estudiantes). Alta High será el anfitrión de la Noche de finalización de FAFSA con expertos en ayuda financiera del estado el martes 13 de octubre de 6:00 a 8:00 pm en el Centro de Medios de Alta High School. Se invita a los padres y estudiantes a asistir. Para los estudiantes que están en camino de calificar para la beca Regents, se requiere una FAFSA. Muchos colegios y universidades requieren una FAFSA para poder otorgar becas. Por favor traiga los siguientes artículos: número de seguro social del estudiante, número de licencia de conducir (para establecer la residencia) y las declaraciones de impuestos federales sobre la renta 2019 de los padres.
- ✓ **El Programa de Becas Utah Promise** llena el vacío para cubrir la matrícula de cualquier estudiante que reciba la Beca Pell pero que aún deba matrícula.
 - Universidad de Utah para beca de Utah <https://admissions.utah.edu/forutah/>
 - Beca UVU Green Light <https://www.uvu.edu/financialaid/scholarships/greenlight.html>
 - Beca Weber State Dream Weber <https://www.weber.edu/dreamweber/default.html>
 - Beca de promesa de SUU Access Utah <https://www.suu.edu/finaid/accessutahpromise.html>
 - Promesa SLCC <https://www.slcc.edu/promise/>
 - Beca basada en las necesidades del estado de Utah <https://www.usu.edu/admissions/costs-and-aid/>
 - Beca Promise de Snow College Utah <https://www.snow.edu/offices/scholarships/downloads/Utah-Promise-Application.pdf>
- ✓ **Alumnos AP y padres:** la ventana ahora está abierta para registrarse y pagar los exámenes AP 2021. Este es un proceso de DOS PASOS y ambos pasos deben completarse antes del 1 de noviembre para evitar pagar tarifas de examen adicionales. Toda la información que necesita, incluido un tutorial de registro, está disponible en nuestro sitio web de Consejería: <https://altahscounseling.weebly.com/ap.html> . Comuníquese con la coordinadora AP de Alta, Shannon Kershaw (shannon.kershaw@canyonsdistrict.org) para obtener ayuda adicional.
- ✓ **Comidas gratuitas para impulsar el aprendizaje de los viernes:** los viernes serán un día de aprendizaje en casa para los estudiantes, y los profesionales de servicios de nutrición de CSD se asegurarán de que estén debidamente alimentados para un día completo de estudio. Los jueves, nuestro comedor duplicará la cantidad de comidas que normalmente preparamos, agregando una bolsa de comida adicional para que los estudiantes se la lleven a casa y disfruten el viernes. Las bolsas de comida estarán disponibles sin cargo mientras se mantengan los fondos de la subvención federal. Se harán esfuerzos para distribuir las comidas al final del día escolar para que puedan refrigerarse rápidamente. Esto es importante, ya que las comidas en bolsas contendrán artículos perecederos. La información nutricional de las comidas se puede encontrar en [Menú de almuerzo en línea de CSD](#) .
- ✓ **Concurso de Reflexiones** - El tema del Concurso de Reflexiones de este año es "Yo importo porque ..." Los estudiantes deben enviar su trabajo antes del 23 de octubre a las [Sitio web de Reflexiones de la PTA de Utah](#) . Aprenda más viendo [este video](#) y el volante de la página 7.

COVID-19 Updates for the Alta High Community

Salt Lake County



Alta High Community



For more data and information, visit the Salt Lake County Health Department's [COVID-19 Data Dashboard](#).

NOTE: School-specific data is now available on page 10 of this dashboard.

Canyons District has also launched its own [COVID-19 Dashboard](#). View it for updated school-specific data.

Alta High School

2020-21 School Year A/B Block Calendar

1st Quarter					2nd Quarter					3rd Quarter					4th Quarter				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
August					October					January					March				
					26 A	27 B	28 A	29 B	30	18 Martin Luther King	19 B	20 A	21 B	22	22 A	23 B	24 A	25 B	26
24 B	25 A	26 B	27 A	28 B	November					25 A	26 B	27 A	28 B	29	29 A	30 B	31 A		
31 A					2 A	3 B	4 A	5 B	6	February					April				
September					9 A	10 B	11 A	12 B	13	1 A	2 B	3 A	4 B	5		1 B	2		
	1 B	2 A	3 B	4 A	16 A	17 B	18 A	19 B	20	8 A	9 B	10 A	11 B	12	5	6 Spring Recess	7	8	9
7 Labor Day	8 B	9 A	10 B	11 A	23 A	24 B	25 Thanksgiving Recess	26	27	15 Pres Day	16 B	17 midterms A	18 B	19	12 A	13 B	14 A	15 B	16
14 B	15 A	16 midterms B	17 A	18 B	30 midterms A	December				22 A	23 B P.T.C.	24 A P.T.C.	25 B	26 No School	19 A	20 B	21 A	22 B	23
21 A P.T.C.	22 B P.T.C.	23 A	24 B	25 No School		1 B	2 A	3 B	4	March					26 A	27 midterms B	28 A	29 B	30
28 A	29 B	30 A			7 A	8 B	9 A	10 B	11	1 A	2 B	3 A	4 B	5	May				
October					14 A	15 B	16 A	17 B	18	8 A	9 B	10 A	11 B	12	3 A	4 B	5 A	6 B	7
			1 B	2 A	21	22	23	24	25	15 A	16 B	17 A	18 B	19	10 A	11 B	12 A	13 B	14
5 A	6 B	7 A, L-Z	8 B, L-Z	9	28	29	30	31		3rd Quarter ends March 19 * 42 days					17 A	18 B	19 A	20 B	21
12 A, A-K	13 B, A-K	14 A, L-Z	15 Fall Recess	16	January										24 A	25 B	26 A	27 B	
19 A, A-K	20 B, A-K	21 A, L-Z	22 B, L-Z	23	4 A	5 B	6 A	7 B	8						4th Quarter ends May 27 * 44 days				
1st Quarter ends Oct 23 * 46 days					11 A	12 B	13 A	14 B	15 No Student Day										
					2nd Quarter ends Jan 14 * 46 days														

SCHOOL IS IN SESSION

Mondays - Thursdays, students may be participating on campus or virtually. Wherever they are during the school day, students can expect to participate in 40 - 90 minutes engaging in one or more of the following types of learning experiences:

FLIPPED



Teachers Will: Deliver direct instruction through videos, text, infographics, or other sources posted to their Canvas pages. Design and post learning engagement activities for students to interact with the content and practice applying the skills.

Students Will: Engage with the content and complete the assignments outside of the classroom, and get additional practice and guidance from the teacher or participate in enrichment activities when they are physically in the classroom.

BLENDED



Created by Eucalypt
from Noun Project

Teachers Will: Deliver portions of their direct instruction and learning engagement activities through Canvas and other parts in person with students in class.

Students will: complete some lessons in Canvas independently when at home, and will complete others with teacher guidance when in class. The order in which students engage with these lessons may be different depending on teacher design and student location.

SYNCHRONOUS



Teachers Will: Deliver all instruction and learning activities in class daily, while live streaming and recording the lesson for those not in class. Assignments and lesson recordings are posted to the Canvas course (at different times due to the need to process the recording).

Students Will: Join the live streamed class to participate and complete the assignments on Canvas.

TIPS FOR SUCCESS

In order to be successful, students MUST actively participate in their courses.



Created by DinosoftLab
from Noun Project

1: On “A” days, log in or physically attend your “A” day classes and complete the assignments. On “B” days, log in or physically attend those classes and complete the assignments.

2: Try setting an alarm to signal the start of each class period to help you stay on a schedule

3: At the end of each day, check for announcements or emails from all your teachers so you know about changes and expectations for the following day.

4. Please read course Canvas home pages carefully. Teachers include answers to FAQ’s such as what to do about missed work and retaking tests. Check there **BEFORE** emailing teachers.

**may change*

CURRENT SCHEDULE AND FRIDAYS

1st Quarter					2nd Quarter					3rd Quarter					4th Quarter				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
August					October					January					March				
					26	27	28	29	30	18	19	20	21	22	22	23	24	25	26
24	25	26	27	28						19	20	21	22	23	29	30	31		
31										25	26	27	28	29					
September					November					February					April				
1	2	3	4		2	3	4	5	6	1	2	3	4	5					
8	9	10	11		9	10	11	12	13	8	9	10	11	12	5	6	7	8	9
14	15	16	17	18	16	17	18	19	20	13	14	15	16	17	12	13	14	15	16
21	22	23	24	25	23	24	25	26	27	20	21	22	23	24	19	20	21	22	23
28	29	30			30	1	2	3	4	27	28	29	30	1	26	27	28	29	30
October					December					March					May				
5	6	7	8	9	7	8	9	10	11	1	2	3	4	5	3	4	5	6	7
12	13	14	15	16	14	15	16	17	18	8	9	10	11	12	10	11	12	13	14
19	20	21	22	23	21	22	23	24	25	15	16	17	18	19	17	18	19	20	21
1st Quarter ends Oct 23 *46 days					Winter Recess					3rd Quarter ends March 19 *42 days					4th Quarter ends May 27 *44 days				

Students are expected to log in to each Canvas course. Posted work will focus on reviewing the week’s learning. They should plan to spend approximately 20 minutes per class on Fridays.

FRIDAY STUDENT ENGAGEMENT OPPORTUNITIES BY DEPARTMENT

8-9AM

SOCIAL STUDIES, HEALTHY LIFESTYLES

9-10AM

ENGLISH, VISUAL / PERFORMING ARTS

10-11AM

MATH, CTE, WORLD LANGUAGES

11AM-12PM

SCIENCE, SPECIAL EDUCATION



Created by IconMark
from Noun Project

1. Please read course Canvas home pages carefully. Teachers include answers to FAQ’s such as what to do about missed work and retaking tests. Check there **BEFORE** emailing teachers.

2. Remember to communicate professionally and politely. Identify yourself, your student, and which period and course they attend.

3. Emails will generally be answered within 24-48 hours. Teachers are **NOT** expected to respond to emails outside of contract hours (M-F 7am-3pm) or on weekends.

HOME TO SCHOOL COMMUNICATIONS

I Matter Because...

2020-2021



Submit Entries Online:

<https://www.utahpta.org/ref>



Call for
Entries

Deadline For Entries:

For Details, Contact:

Friday 10/23 by 3 PM

Rochellestone89@yahoo.com

Learn more and get involved! [UTAHPTA.ORG/REFLECTIONS](https://www.UTAHPTA.ORG/REFLECTIONS)