



¡Para ver los anuncios importantes en español en la tercera página de este boletín!

Week of September 7<sup>th</sup>, 2020  
**Alta High School**  
**Soar to a New ALTitude**

We are an inclusive learning community with a tradition of inspiring, supporting, and collaborating with students as they prepare to be engaged citizens in their pursuit of continuous success.

- ✓ **COVID-19 Updates** – Please view the COVID-19 updates for the Alta High Community on page 4 of this newsletter each week.
- ✓ **Makeup Picture Days** – Makeup pictures will take place tomorrow and Wednesday. Any student is welcome to come to the Alta library from 7am to 9am for pictures. Throughout the school day, students with last names A-K will complete makeup pictures on September 8<sup>th</sup>, and students with last names L-Z will do so on September 9<sup>th</sup>. Additional makeup pictures days are also scheduled for later in September, as well as in October.
- ✓ **Creating a Parent Canvas Account** – Whether your student is attending school in person or online, a lot is happening on Canvas this school year. Please view the pages 5 and 6 for instructions on how to become an observer in your student's courses. This will allow you to view what information is being shared with your student, what assignments they need to complete and what work they may be missing.
- ✓ **Dress Code Policy** – As parents, we ask that you please help to ensure that your student is adhering to the Canyons District board approved dress code policy. A full explanation of this policy can be found on pages 23-24 of the [Canyons District Student Conduct and Disciplinary Process Policy](#).
- ✓ **Alta Hawkeye** – The first set of news stories have been posted to the [Alta Hawkeye website](#)! Read about new teachers, masks, hello video, and more.
- ✓ **Math Tutoring** – Please view the schedule on page 7 for math tutoring opportunities for your student.
- ✓ **Work-Based Learning Opportunities** – Please view the flyers on pages 8 and 9 for some exciting opportunities for your students to learn more about potential future careers. The [U of U Future Doctors](#) program will host monthly events to give students a bird's eye view of the medical profession. The Utah Center for Legal Inclusion will host weekly [Wednesday Webinars](#) to help students explore different aspects of the law and legal careers.
- ✓ **Parking** – There are still several parking spots open in the student parking areas on the west side of Alta High. Students can purchase a parking pass for \$10 in the Main Office. As per Sandy City ordinance, students cannot park on the neighboring streets surrounding the school, especially if they are blocking driveways, mailboxes and garbage pickup areas. Students who do so may be ticketed or towed.
- ✓ **Checking Your Student Out Early** – If you need to check your student out from school early, please call the Attendance Office at 801-826-5610 as early in the day as possible to ensure that this information can be communicated accurately. Please understand that there are some classes during which we cannot reach your student, such as those which are held in the gym or the new Performing Arts Center.
- ✓ **Driving Range Schedule** – Alta will be running the Driving range Monday-Friday from 3:00PM until 7:00PM for the first 7 weeks of each quarter, as well as on Saturday mornings. For us to do that safely, we will need all cars moved from the parking lot south of the tennis courts by 3:00PM. If you need to stay on campus, you are welcome to move to the parking lot north of the tennis courts. We will be towing cars at the owner's expense if they are left on the range. Please talk with your student and let them know of the consequences of leaving cars on the range.
- ✓ **Emergency Substitutes Wanted!** –Please consider signing up to be an emergency substitute! Candidates will need to apply by going to the [Emergency Substitute website](#), then going into the Canyons Human Resources Department to do paperwork before substituting at Alta.
- ✓ **NHS** – National Honor Society is an academic service organization which focuses on promoting and rewarding character, service, leadership and scholarship. Students interested in joining should see the flyer below and apply before September 18<sup>th</sup>.
- ✓ **Purchase Alta Masks** – Alta Masks are on sale now at [Your Masks Now](#). Use discount code "AHS" and it will take \$2.00 off the price!

*You can now follow us on Instagram under the nametag [alta.hawks](#)!*

*\*\*For more information or to see photos of events, please visit the [Alta High Website](#) or follow the [Alta Facebook Page](#).\*\**

## UPCOMING Events

***\*\*To help prevent the spread of COVID-19, spectators will be limited at all competition and performance events.***

Monday, September 7<sup>th</sup>

**Labor Day – No School**

Tuesday, September 8<sup>th</sup>

**Makeup School Pictures, Alta Library**

7:00-9:00am, All students are welcome

Last Names A-K throughout the school day

**Boys Golf Tournament**

9:00am, Genmoor Golf Course

**Girls Soccer Game vs Timpanogos**

3:30pm, Alta Soccer Field

**Girls Tennis Match**

3:30pm, Timpview High School

**Volleyball Game vs Mountain Ridge**

6:00pm, Alta Gymnasium

**Freshman Football Game vs Box Elder**

7:00pm, Alta Stadium

Wednesday, September 9<sup>th</sup>

**Makeup School Pictures, Alta Library**

7:00-7:40am, All students are welcome

Last Names L-Z throughout the school day

**Boys Golf Tournament**

9:00am, Eastbay Golf Course

**Freshman Soccer Game vs Wasatch**

5:30pm, Alta Soccer Field

Thursday, September 10<sup>th</sup>

**Girls Soccer Game vs Timpview**

3:30pm, Alta Soccer Field

**Girls Tennis Match**

3:30pm, Mountain View High School

**JV Football Game vs Corner Canyon**

3:30pm, Alta Stadium

**Sophomore Football Game**

3:30pm, Corner Canyon High School

**Volleyball Game**

6:00pm, Timpview High School

Friday, September 11<sup>th</sup>

**Girls Tennis Match vs Orem**

3:30pm, Alta Tennis Courts

**Cross Country Meet**

2:00pm, Soldier Hollow

**Freshman Soccer Game vs Brighton**

4:00pm, Alta Soccer Field

**Football Game**

7:00pm, Corner Canyon High School



Semana del 7 de septiembre de 2020

## Escuela Secundaria Alta

**Vuela a una nueva ALTitude**

Nosotros somos una comunidad con un ambiente inclusivo de aprendizaje que tiene como tradición inspirar, apoyar, y colaborar con los estudiantes en su preparación para convertirse en residentes dedicados a la búsqueda continua del éxito.

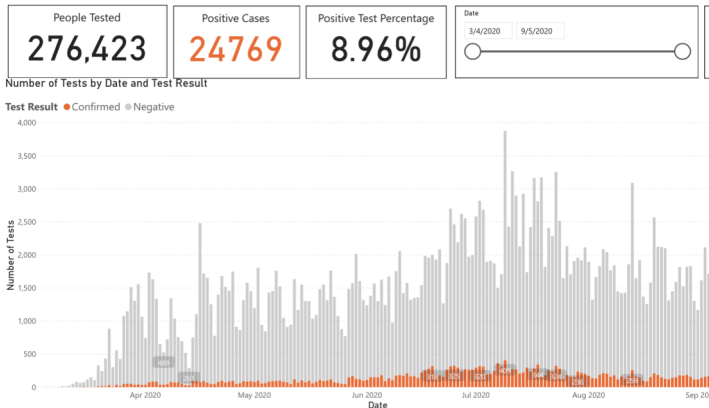
- ✓ **Actualizaciones de COVID-19:** vea las actualizaciones de COVID-19 para la comunidad de Alta High en la página 4 de este boletín cada semana.
- ✓ **Días de las fotografías de maquillaje:** las fotografías de maquillaje se llevarán a cabo mañana y miércoles. Cualquier estudiante puede venir a la biblioteca de Alta de 7 am a 9 am para tomar fotografías. Durante el día escolar, los estudiantes con apellidos AK completarán imágenes de maquillaje el 8 de septiembre, y los estudiantes con apellido LZ lo harán el 9 de septiembre. También están programados días adicionales de fotografías de maquillaje para finales de septiembre, así como en octubre.
- ✓ **Creación de una cuenta de Canvas para padres** - Ya sea que su estudiante asista a la escuela en persona o en línea, están sucediendo muchas cosas en Canvas este año escolar. Consulte las páginas 5 y 6 para obtener instrucciones sobre cómo convertirse en observador en los cursos de su estudiante. Esto le permitirá ver qué información se comparte con su estudiante, qué tareas deben completarse y qué trabajos pueden faltar.
- ✓ **Política del código de vestimenta:** como padres, les pedimos que ayuden a garantizar que su hijo se adhiera a la política del código de vestimenta aprobada por la junta del Distrito de Canyons. Puede encontrar una explicación completa de esta política en las páginas 23-24 del [Política del proceso disciplinario y de conducta estudiantil del distrito de Canyons](#).
- ✓ **Alta Hawkeye:** el primer conjunto de noticias se ha publicado en [Sitio web de Alta Hawkeye](#)! Lea sobre nuevos maestros, máscaras, videos de saludo y más.
- ✓ **Tutoría de matemáticas:** consulte el programa en la página 7 para conocer las oportunidades de tutoría de matemáticas para su estudiante.
- ✓ **Oportunidades de aprendizaje basadas en el trabajo:** consulte los folletos en las páginas 8 y 9 para conocer algunas oportunidades interesantes para que sus estudiantes aprendan más sobre posibles carreras futuras. los [Futuros doctores de la U de U](#) El programa albergará eventos mensuales para brindarles a los estudiantes una vista panorámica de la profesión médica. El Centro de Utah para la Inclusión Legal albergará semanalmente [Seminarios web del miércoles](#) para ayudar a los estudiantes a explorar diferentes aspectos del derecho y las carreras legales.
- ✓ **Estacionamiento:** todavía hay varios lugares de estacionamiento abiertos en las áreas de estacionamiento para estudiantes en el lado oeste de Alta High. Los estudiantes pueden comprar un pase de estacionamiento por \$ 10 en la oficina principal. Según la ordenanza de la ciudad de Sandy, los estudiantes no pueden estacionarse en las calles vecinas que rodean la escuela, especialmente si están bloqueando las entradas, buzones de correo y áreas de recolección de basura. Los estudiantes que lo hagan pueden ser multados o remolcados.
- ✓ **Revisar a su estudiante temprano** - Si necesita sacar a su estudiante temprano de la escuela, por favor llame a la Oficina de Asistencia al 801-826-5610 tan temprano como sea posible para asegurarse de que esta información se pueda comunicar con precisión. Por favor, comprenda que hay algunas clases durante las cuales no podemos comunicarnos con su estudiante, como las que se llevan a cabo en el gimnasio o en el nuevo Centro de Artes Escénicas.
- ✓ **Horario del campo de prácticas:** Alta ejecutará el campo de prácticas de lunes a viernes de 3:00 p.m. a 7:00 p.m. durante las primeras 7 semanas de cada trimestre, así como los sábados por la mañana. Para que podamos hacerlo de manera segura, necesitaremos que todos los autos se muevan del estacionamiento al sur de las canchas de tenis a las 3:00 PM. Si necesita permanecer en el campus, puede mudarse al estacionamiento al norte de las canchas de tenis. Estaremos remolcando los autos a cargo del propietario si se dejan en la estufa. Por favor hable con su estudiante y hágale saber las consecuencias de dejar los autos en el campo.
- ✓ **¡Se buscan sustitutos de emergencia!** —¡Por favor considere inscribirse como sustituto de emergencia! Los candidatos deberán postularse yendo a la [Sustituto de emergencia sitio web](#), luego ir al Departamento de Recursos Humanos de Canyons para hacer el papeleo antes de sustituir en Alta.
- ✓ **NHS - National Honor Society** es una organización de servicios académicos que se enfoca en promover y recompensar el carácter, el servicio, el liderazgo y la erudición. Los estudiantes interesados en unirse deben ver el folleto a continuación y presentar su solicitud antes del 18 de septiembre.
- ✓ **Compra Máscaras Alta** - Las Máscaras Alta están a la venta ahora en [Tus máscaras ahora](#). Use el código de descuento "AHS" y le quitará \$ 2.00 del precio.

¡Ahora puedes seguirnos en Instagram con la etiqueta alta.hawks!

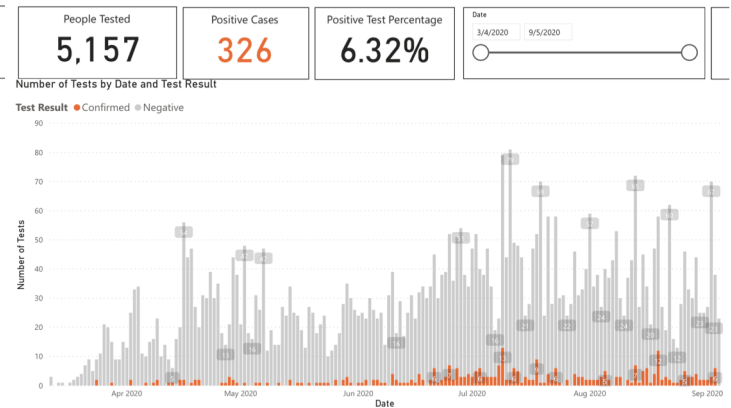
\*\* Para obtener más información o ver fotos de eventos, visite [el sitio web de Alta High](#) o siga la [página de Alta en Facebook](#). \*\*

# COVID-19 Updates for the Alta High Community

## Salt Lake County



## Alta High Community



For more data and information, visit the Salt Lake County Health Department's [COVID-19 Data Dashboard](#).  
**NOTE:** School-specific data will be available on this dashboard in the near future.

## Outbreak Criteria for Schools

When a student or staff member tests positive for COVID-19, school personnel will work with the health department to contact those who came in close contact with this individual at school while they were contagious. Those contacted will need to quarantine for 14 days. Large groups of students and staff will only need to quarantine under the following conditions:

- 3 cases in the same classroom within a 14-day period = Everyone in the class will quarantine for 14 days
- 15 cases in our school within a 14-day period = The whole school will quarantine for 14 days

For more detailed information, please view the [Canyons COVID-19 Manual](#).

## How do we keep each other safe at school?



Wear a face covering over your nose and mouth when on the school campus.



Maintain as much physical distance as possible. Do not congregate in the hallways.



Wash and sanitize your hands frequently.



Follow directional arrows in the hallways and all safety procedures for each classroom.



Work together to sanitize learning spaces at the start of each class.



Complete daily checks for symptoms of COVID-19 before arriving to school.

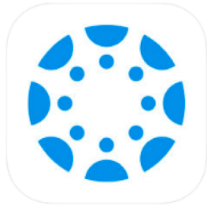


Stay home from school if you are sick. Sick days will not count toward a No Grade (NG).



Bring a device each day and engage in classes online if you must stay home from school.





# Observing Your Student in Canvas

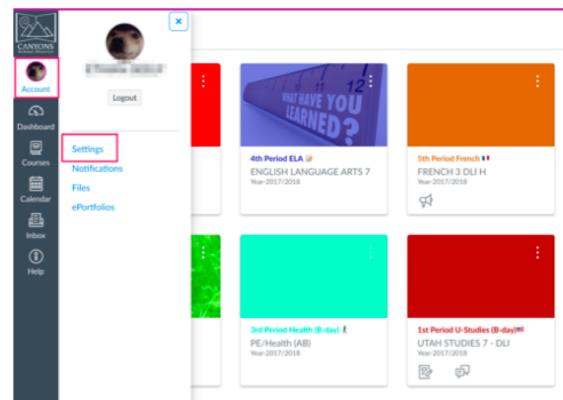
Canvas provides an easy way for you to know what your student is doing on Canvas. You can observe your student's Canvas activity online using any internet browser or through the Canvas Parent app that can be downloaded to an iOS or Android device. The directions below describe how to connect to your student's Canvas account using a pairing code.

## Accessing the pairing code in your student's Canvas account.

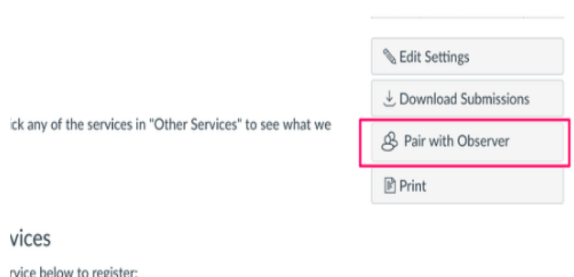
1. Have your student log in to their Canvas account using their CSD login credentials.



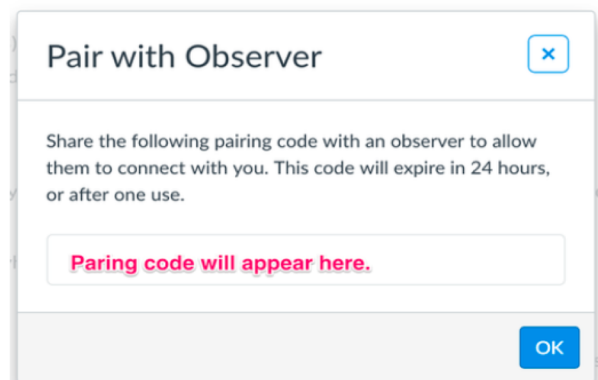
2. Click [Account](#) and select [Settings](#).



3. Once in the account settings, click on [Pair with Observer](#). (Located on the right-hand side of the screen.)

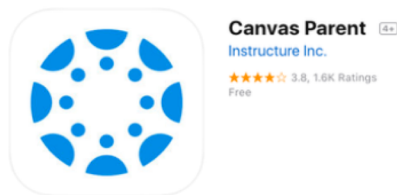


4. A pop up window will appear that has the pairing code for the student. This is the code parents use to connect to their student's account in Canvas.



# Connecting to Your Student's Canvas Account Using through the Canvas Parent App

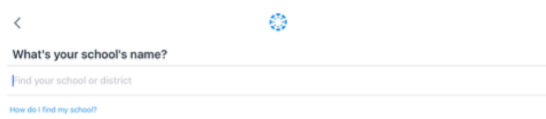
1. Download the [Canvas Parent App](#)



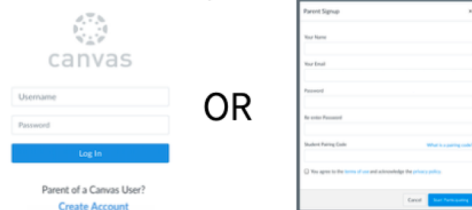
2. Open the app and select "Find My School"



3. Under "What's your school's name?" type [Canyons School District](#)



4. Sign in to Canvas. (If you don't have a Canvas account, click on Create Account. You will need the student pairing code when creating a new account.)

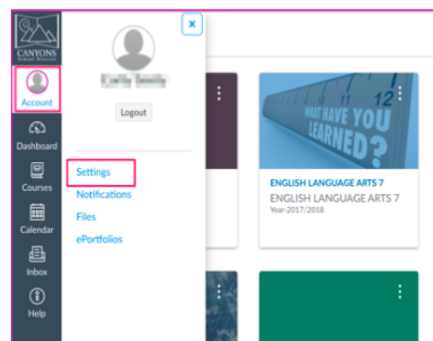


## Connecting to Your Student's Canvas Account Online.

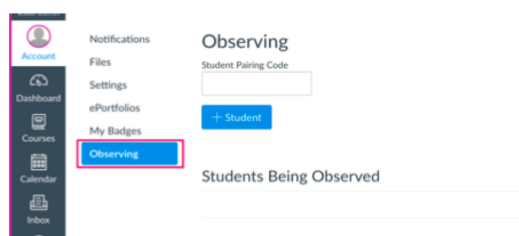
1. Go to <https://canyons.instructure.com> and log in to your Canvas account. If you don't have an account with Canvas click "Click here for an account"



2. Click [Account](#) and select [Settings](#).



3. Once in the account settings, click on [Observing](#). Type the student pairing code in the space provided, and click [+Student](#).



# MATH LAB & COMPUTER LAB

2:30 – 4:00 pm

## SEPTEMBER



\*CHROMEBOOKS WILL BE AVAILABLE FOR HOMEWORK USE

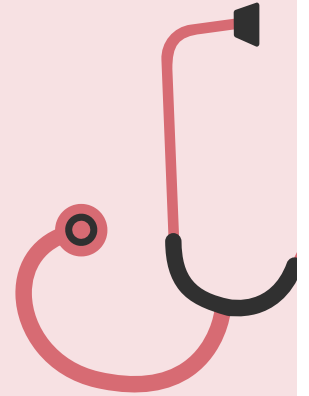
|                     |                                  |                      |                      |                 |
|---------------------|----------------------------------|----------------------|----------------------|-----------------|
|                     | 1<br>SCHINO (2203)               | 2<br>MAHONEY (2405)  | 3<br>SHELDON (2113)  | 4<br>NONE       |
| 7<br>NO SCHOOL      | 8<br>SCHINO (2203)               | 9<br>MAHONEY (2405)  | 10<br>SHELDON (2113) | 11<br>NONE      |
| 14<br>THOMAS (2213) | 15<br>SCHINO (2203)              | 16<br>MAHONEY (2405) | 17<br>SHELDON (2113) | 18<br>NONE      |
| 21<br>NONE          | 22<br>SCHINO (2203)<br>2:30-3:30 | 23<br>MAHONEY (2405) | 24<br>SHELDON (2113) | 25<br>NO SCHOOL |
| 28<br>THOMAS (2213) | 29<br>SCHINO (2203)              | 30<br>MAHONEY (2405) |                      |                 |

## OCTOBER

|                     |                     |                      |                      |                 |
|---------------------|---------------------|----------------------|----------------------|-----------------|
|                     |                     |                      | 1<br>SHELDON (2113)  | 2<br>NONE       |
| 5<br>THOMAS (2213)  | 6<br>SCHINO (2203)  | 7<br>MAHONEY (2405)  | 8<br>SHELDON (2113)  | 9<br>NONE       |
| 12<br>THOMAS (2213) | 13<br>SCHINO (2203) | 14<br>MAHONEY (2405) | 15<br>NO SCHOOL      | 16<br>NO SCHOOL |
| 19<br>THOMAS (2213) | 20<br>SCHINO (2203) | 21<br>MAHONEY (2405) | 22<br>SHELDON (2113) | 23<br>NONE      |
| 26<br>THOMAS (2213) | 27<br>SCHINO (2203) | 28<br>MAHONEY (2405) | 29<br>SHELDON (2113) | 30<br>NONE      |

## NOVEMBER

|                     |                     |                      |                      |                 |
|---------------------|---------------------|----------------------|----------------------|-----------------|
| 2<br>THOMAS (2213)  | 3<br>SCHINO (2203)  | 4<br>MAHONEY (2405)  | 5<br>SHELDON (2113)  | 6<br>NONE       |
| 9<br>THOMAS (2213)  | 10<br>SCHINO (2203) | 11<br>MAHONEY (2405) | 12<br>SHELDON (2113) | 13<br>NONE      |
| 16<br>THOMAS (2213) | 17<br>SCHINO (2203) | 18<br>MAHONEY (2405) | 19<br>SHELDON (2113) | 20<br>NONE      |
| 23<br>THOMAS (2213) | 24<br>SCHINO (2203) | 25<br>NO SCHOOL      | 26<br>NO SCHOOL      | 27<br>NO SCHOOL |
| 30<br>THOMAS (2213) |                     |                      |                      |                 |



SCHOOL OF  
**MEDICINE**  
UNIVERSITY OF UTAH

# **FUTURE DOCTORS**

**2020-2021 Program will be held  
virtually through Canvas and Zoom**

**MONTHLY ACTIVITIES &  
EVENTS**

**REGISTRATION REQUIRED  
EACH MONTH**

[HTTPS://MEDICINE.UTAH.EDU/OHEDI/HIGH-  
SCHOOL-PROGRAMS/FUTURE-DOCTORS.PHP](https://medicine.utah.edu/ohedi/high-school-programs/future-doctors.php)



THE UTAH CENTER FOR LEGAL INCLUSION PRESENTS

# WEDNESDAY WEBINARS

A weekly series exploring the law and legal careers



**EVERY WEDNESDAY AT 4:00 PM**

**SEPTEMBER 2: PREMIERE EPISODE**

**SEPTEMBER 9: RESOURCES FOR HIGH SCHOOL STUDENTS**

**SEPTEMBER 16: RESOURCES FOR UNDERGRADS**

**SEPTEMBER 23: WHAT I WISH I'D KNOWN IN LAW SCHOOL**

**SEPTEMBER 30: RESOURCE ROUNDTABLE**

(BOOK: AN AFRICAN AMERICAN AND LATINX HISTORY OF THE UNITED STATES)

[CLICK HERE TO JOIN US!](#)







Homeless shelter donations!!



# ALTA NHS

NHS is an academic service organization which focuses on promoting and rewarding character, service, leadership, and scholarship. It is one of the most prestigious organizations a high school student can join.



## Character is...

"valuing diverse cultures and building relationships that reflect love of self but also of concern for others;...personal commitment to ethical and compassionate decision making that affects oneself and others."



## Leadership is...

"carrying oneself with dignity and taking ownership and responsibility for one's own actions and participation."



## Scholarship is...

"a commitment to learning and growing on an educational path. It means making the most of educational opportunities provided and seeking out learning." MUST maintain 3.75 GPA or higher.



## Service is...

"the desire to see opportunities to help others as well as *acts of service*. . . driven by personal or family need." (5 hours each semester will be with the chapter.)

**Applications DUE 9/18 @ 11:59pm**  
**See Mrs. Spears Rm 1114**

<https://www.nhs.us/parents/student-membership/everyday-pillars-of-nhs/>