



¡Para ver los anuncios importantes en español en la tercera página de este boletín!

Week of September 21st, 2020

Alta High School

Soar to a New ALTitude

We are an inclusive learning community with a tradition of inspiring, supporting, and collaborating with students as they prepare to be engaged citizens in their pursuit of continuous success.

PARENT TEACHER CONFERENCES TONIGHT AND TOMORROW!

- ✓ **Parent Teacher Conferences** – Please plan to join us for virtual Parent Teacher Conferences either tonight or tomorrow. You can sign up to meet with your student's teachers either tonight from 3:30pm-7:30pm or tomorrow from 3:30pm-7:00pm using the instructions on pages 5 and 6.
- ✓ **Say Boo to the Flu** – We will be hosting the "Say Boo to the Flu" event, during which you can get vaccinated for the flu and earn money for schools! Come see them inside the east entrance of Alta either tonight 3:30-7:00pm or Tuesday 3:30-7:00pm. See the flyer on page 7 for more information.
- ✓ **COVID-19 Updates** – Please view the COVID-19 updates for the Alta High Community on page 4 of this newsletter each week. This week, this page includes details about the new CSD COVID-19 Response protocols.
- ✓ **Supporting the Needs of Both our Students and our Teachers** – In these uncertain times, we know that many of our students are needing additional support due to their individual circumstances. Our teachers are masters at meeting the individual needs of our students; however, please show patience and understanding in your communications with them. Now more than ever, our teachers have been asked to fulfill many roles, all of which are difficult to accomplish within their contract hours. Teachers are working longer and harder than ever, so please utilize the parent resources available to you to find answers to your questions and be patient when waiting for responses to emails sent and phone calls made to teachers. Please also feel free to email or call your students' Assistant Principal or Counselor, as needed.
- ✓ **School Meals** – School breakfast and lunch are now available at no charge to all Canyons District students under a temporary waiver from the USDA. For information about how to obtain these meals at Alta, whether your student is learning in-person or virtually, please see page 8.
- ✓ **Alta Counseling's Plan for College and Career Readiness Course is Live!** – Many students may have been wondering what this course is and why it's suddenly showing up on your Canvas home page. This course will be used as a communication and information platform for your Alta High Counselors to connect with you. We will be using Canvas for posting important information, announcements, presentations, and anything else we feel Alta students should have to feel college and career ready!
- ✓ **Register for the PSAT!** – 10th and 11th graders interested in taking the PSAT will need to register before Oct. 9th at a cost of \$20. This is a practice SAT exam and a qualifier for the National Merit Scholarship Program. Please see page 8 for more information about the PSAT and how to register.
- ✓ **Parking** – There are still several parking spots open in the student parking areas on the west side of Alta High. Students can purchase a parking pass for \$10 in the Main Office. Students cannot park on the neighboring streets surrounding the school, especially if they are blocking driveways, mailboxes and garbage pickup areas. Students who do so or who park on campus without a parking pass or in the east faculty lot may be ticketed.
- ✓ **Class of 2021** – Submit your [Senior Quote here](#) before October 1st! These will be displayed next to your portrait in this year's Alta Yearbook.
- ✓ **Work-Based Learning Opportunities** – Students interested in exploring various STEAM career options should [register for the "I Heart Tech"](#) event before October 7th! This will include workshops, a competition and an awards ceremony. Don't forget to also sign up to participate in the regular seminars sponsored by the U of U Future Doctors and the Utah Center for Legal Inclusion. See page 9 for more information about these opportunities.
- ✓ **Attention Freshman** – Indian Hills Middle School Yearbooks for LAST year have arrived. (2019-2020) If you ordered one, please [email IHMSmemorybook@gmail.com](mailto:IHMSmemorybook@gmail.com) to make arrangements for pickup.

UPCOMING Events

Monday, September 21st

Parent Teacher Conferences

3:30-7:30pm, Virtual and By Appointment

Say Boo to the Flu

3:30-7:00pm, East Entrance of Alta High

Tuesday, September 22nd

Parent Teacher Conferences

3:30-7:00pm, Virtual and By Appointment

Say Boo to the Flu

3:30-7:00pm, East Entrance of Alta High

Volleyball Game

6:00pm, Mountain View High School

Girls Soccer Game

7:00pm, Mountain View High School

Wednesday, September 23rd

Boys Golf Tournament

12:00pm, Sleepy Ridge Golf Course

Freshman Football Game vs Wasatch

3:30pm, Alta Stadium

Freshman Soccer Game

4:00pm, Wasatch High School

Thursday, September 24th

Region VII Girls Tennis Tournament

8:00am, Mountain View High School

Girls Soccer Game vs Mountain Ridge

3:30pm, Alta Soccer Field

Sophomore Football Game

3:30pm, Timpanogos High School

Volleyball Game

6:00pm, Orem High School

Friday, September 25th

No School

Parent Teacher Conference Compensatory Day

Region VII Girls Tennis Tournament

8:00am, Mountain View High School

Freshman Soccer Game

4:00pm, Brighton High School

Football Game vs Timpanogos

7:00pm, Alta Stadium

Saturday, September 26th

Cross Country Meet

8:00am, Roy High School

Marching Band @ Wasatch Front Invitational

4:30pm, Herriman High School



Semana del 21 de septiembre de 2020

Escuela Secundaria Alta

Vuela a una nueva ALTitude

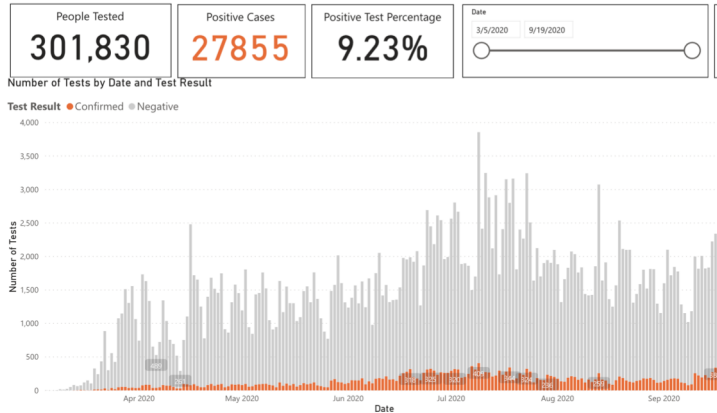
Nosotros somos una comunidad con un ambiente inclusivo de aprendizaje que tiene como tradición inspirar, apoyar, y colaborar con los estudiantes en su preparación para convertirse en residentes dedicados a la búsqueda continua del éxito.

¡CONFERENCIAS DE PADRES Y MAÑANA ESTA NOCHE Y MAÑANA!

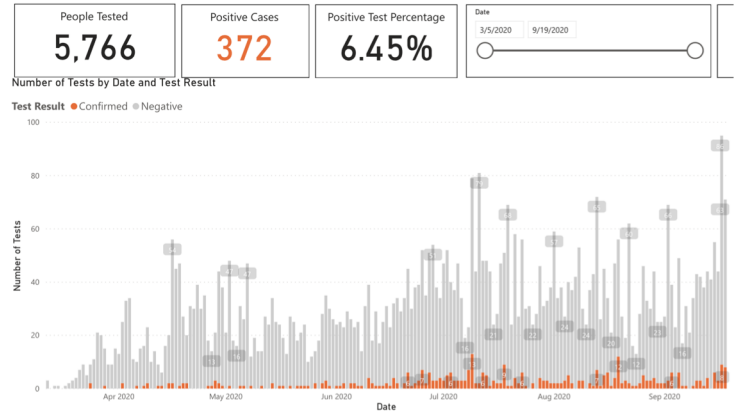
- ✓ **Conferencias de padres y maestros** - Por favor, planea unirse a nosotros para las conferencias virtuales de padres y maestros esta noche o mañana. Puede inscribirse para reunirse con los maestros de su estudiante esta noche de 3:30 pm a 7:30 pm o mañana de 3:30 pm a 7:00 pm siguiendo las instrucciones de las páginas 5 y 6.
- ✓ **Dile Boo a la Gripe** - ¡Vamos a organizar el evento "Di Boo a la Gripe", durante el cual puedes vacunarte contra la gripe y ganar dinero para las escuelas! Ven a verlos dentro de la entrada este de Alta ya sea esta noche de 3:30 a 7:00 p. M. O el martes de 3:30 a 7:00 p. M. Consulte el folleto de la página 7 para obtener más información.
- ✓ **Actualizaciones de COVID-19**: vea las actualizaciones de COVID-19 para la comunidad de Alta High en la página 4 de este boletín cada semana. Esta semana, esta página incluye detalles sobre los nuevos protocolos de respuesta CSD COVID-19.
- ✓ **Apoyar las necesidades tanto de nuestros estudiantes como de nuestros maestros**: en estos tiempos de incertidumbre, sabemos que muchos de nuestros estudiantes necesitan apoyo adicional debido a sus circunstancias individuales. Nuestros maestros son expertos en satisfacer las necesidades individuales de nuestros estudiantes; sin embargo, muestre paciencia y comprensión en sus comunicaciones con ellos. Ahora más que nunca, se les ha pedido a nuestros maestros que cumplan con muchos roles, todos los cuales son difíciles de lograr dentro de las horas de su contrato. Los maestros están trabajando más y más duro que nunca, así que utilice los recursos para padres disponibles para encontrar respuestas a sus preguntas y sea paciente cuando espere las respuestas a los correos electrónicos enviados y las llamadas telefónicas realizadas a los maestros. También no dude en enviar un correo electrónico o llamar al asistente del director o al consejero de sus estudiantes, según sea necesario.
- ✓ **Comidas escolares**: el desayuno y el almuerzo escolar ahora están disponibles sin cargo para todos los estudiantes del distrito de Canyons bajo una exención temporal del USDA. Para obtener información sobre cómo obtener estas comidas en Alta, ya sea que su estudiante esté aprendiendo en persona o virtualmente, consulte la página 8.
- ✓ **¡El Plan de Asesoría de Alta para el Curso de Preparación Universitaria y Profesional está en vivo!** - Es posible que muchos estudiantes se hayan estado preguntando qué es este curso y por qué aparece de repente en su página de inicio de Canvas. Este curso se utilizará como una plataforma de comunicación e información para que sus Consejeros de Alta Alta se conecten con usted. ¡Usaremos Canvas para publicar información importante, anuncios, presentaciones y cualquier otra cosa que consideremos que los estudiantes de Alta deberían tener para sentirse preparados para la universidad y la carrera!
- ✓ **¡Regístrese para el PSAT!** - Los estudiantes de 10º y 11º grado interesados en tomar el PSAT deberán registrarse antes del 9 de octubre a un costo de \$ 20. Este es un examen SAT de práctica y califica para el Programa Nacional de Becas al Mérito. Consulte la página 8 para obtener más información sobre el PSAT y cómo registrarse.
- ✓ **Estacionamiento**: todavía hay varios lugares de estacionamiento abiertos en las áreas de estacionamiento para estudiantes en el lado oeste de Alta High. Los estudiantes pueden comprar un pase de estacionamiento por \$ 10 en la oficina principal. Los estudiantes no pueden estacionarse en las calles vecinas que rodean la escuela, especialmente si están bloqueando las entradas, buzones de correo y áreas de recolección de basura. Los estudiantes que lo hagan o que estacionen en el campus sin un pase de estacionamiento o en el estacionamiento de la facultad este pueden recibir una multa.
- ✓ **Clase de 2021** - Envíe su [Cotización Senior aquí](#) antes del 1 de octubre! Estos se mostrarán junto a su retrato en el Anuario de Alta de este año.
- ✓ **Oportunidades de aprendizaje basadas en el trabajo**: los estudiantes interesados en explorar varias opciones de carrera STEAM deben [registrarse para el "I Heart Tech"](#) evento antes del 7 de octubre! Esto incluirá talleres, un concurso y una ceremonia de premiación. No olvide inscribirse también para participar en los seminarios regulares patrocinados por la U of U Future Doctors y el Utah Center for Legal Inclusion. Consulte la página 9 para obtener más información sobre estas oportunidades.
- ✓ **Atención Freshman** - Los anuarios de la escuela secundaria Indian Hills del ÚLTIMO año han llegado. (2019-2020) Si ordenó uno, por favor [correo electrónico IHSMemorybook@gmail.com](mailto:IHSMemorybook@gmail.com) para hacer arreglos para la recogida.

COVID-19 Updates for the Alta High Community

Salt Lake County



Alta High Community



For more data and information, visit the Salt Lake County Health Department's [COVID-19 Data Dashboard](#).

NOTE: School-specific data is now available on page 10 of this dashboard.

Canyons District has launched its own [COVID-19 Dashboard](#)! View it for updated school-specific data.



CANYONS
SCHOOL DISTRICT

COVID19 Case Counts

2020-21

This data is scheduled to be updated twice weekly using information provided by the Salt Lake County Health Department and Canyons Department of Responsive Services.

NOTE: Contact tracing data show that as of Sept. 15, the vast majority of positive cases appear to be community spread (social and family interactions). Very few COVID-19 cases can be attributed to exposure at a school where prevention controls are strictly enforced. It's important that students, families and employees continue to adhere to Salt Lake County Health Orders to avoid large group gatherings, physically distance, and wear face coverings when distancing is NOT possible.

New CSD COVID-19 Response Guidelines

Tier 1	0-5* Cases in a School	No Action Necessary
Tier 2	6-14 Cases in a School	A "vigilance letter" will be sent to the families of the students
Tier 3	15+ Cases in a School	Coordination with the SLC Health Depart, possible schedule changes
1%	22 Cases at Alta High	Coordination with the SLC Health Depart, possible schedule changes
2%	44 Cases at Alta High	Online learning and whole-school quarantine for 14 days

*COVID-19 Response is based on cases within a 14-day period.

Symptoms of COVID-19



Fever

(temperature of 100.4°F or 38°C or higher or feeling feverish)



Cough



Shortness of breath



Decrease in sense of smell or taste



Sore throat



Muscle aches and pains

Parent Conference Instructions – Skyward

Login to your Skyward Family Access

If you have more than 1 student in Canyons School District Schools, choose All Students

1. On the left side click the Conferences tab

Note:

- Only one appointment can be scheduled per teacher per student
 - If guardians maintain separate households, they must login separately to schedule individual conference times for their student
 - If you have more than one student, the system will allow you to schedule them at the same time with two different teachers, however a warning will appear because this will double book you.
2. Click **All Conferences** next to the student's name you wish to schedule a conference for
 3. Click **Select a Time**
 4. Choose the time you want and click **Join** next to that time (Status for that time slot must be open or Join option will not appear)
 5. A window appears showing the appointment information, Click **Add Student & Self**
 6. You will receive a confirmation e-mail. You will also receive a reminder e-mail three days before and one day before your scheduled appointment.

The screenshot shows the Skyward Family Access web application. The browser address bar displays the URL: <https://skytrainnew.canyonsdistrict.org/scripts/wsisa.dll/WSservice=wsEplus/sfteacherconferences001.w>. The page title is "Family Access Conferences".

On the left sidebar, the "Conferences" tab is highlighted and labeled with a red circle and "#1".

The main content area shows the "Conferences" section. At the top, there is a "Family Access" dropdown menu labeled with a red circle and "#2". A red arrow points to it with the text: "If you have more than one student Select student from dropdown".

Below the dropdown, there is a "Scheduled Conferences Report" section. A red circle and "#3" points to the "All Conferences" link. A red circle and "#4" points to the "Join" button in the "Join Conference" window.

The "Join Conference" window is open, showing the following information:

- Title: General Staff Conference
- Organizer: [Redacted]
- Date: Tue Mar 24, 2020
- Time: 5:00 PM - 5:30 PM
- Student: [Redacted]
- Building: [Redacted]
- Room: [Redacted]
- Description: [Redacted]

A confirmation e-mail will be sent to: [Redacted]@gmail.com.

At the bottom of the window, there are three buttons: "Add Student Only", "Add Student & Self" (labeled with a red circle and "#5"), and "Back".

Once appointment time is scheduled, you may add a note if needed.

The screenshot shows the Skyward Family Access interface. At the top, the user is logged in as JULIE ARMSTRONG. The left sidebar contains navigation links: Home, Online Registration, Arena Scheduling, Ethnicity/Race, Calendar, Gradebook, Achievement Backpack, Attendance, Student Info, Busing, Food Service, Schedule, Test Scores, Fee Management, Activities, Graduation Requirements, and Conferences (highlighted in red). The main content area is titled 'Conferences' and includes a 'Scheduled Conferences Report' with a link to 'Print All Scheduled Conferences for Guardian'. Below this, a table lists scheduled conferences. The first entry is for 'INDIGO (BUTLER MIDDLE)' on 'Tue Mar 24, 2020 from 5:00 PM - 5:30 PM'. A red box highlights the 'View Scheduled Times' link, with an annotation '#1' pointing to it. Another red box highlights the 'Notes' column header, with an annotation '#2' pointing to it. The table shows a 'General Staff Conference (Week 1)' by 'SARA ALLEN'. Below the table, a section titled 'General Staff Conference Meeting Notes' displays 'No notes exist for this conference.' and an 'Add Note' button. A red box highlights the 'Add Note' button, with an annotation '#3' pointing to it. An 'Add Note' modal window is open, showing a date of '03/22/2020', a required 'Summary' field, and an optional 'Comments' field. A red box highlights the 'Comments' field, with an annotation '#4' pointing to it. A red box highlights the 'Save' button, with an annotation '#5' pointing to it. A red box highlights the 'Back' button, with an annotation '#6' pointing to it. A red box highlights the 'Add Note' button in the modal, with an annotation '#7' pointing to it. A red box highlights the 'Add Note' button in the main content area, with an annotation '#8' pointing to it. A red box highlights the 'Add Note' button in the modal, with an annotation '#9' pointing to it. 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A red box highlights the 'Add Note' button in the modal, with an annotation '#100' pointing to it.

Family Access
All Students

JULIE ARMSTRONG My Account Email History Exit

District Links

Conferences

Scheduled Conferences Report
Print All Scheduled Conferences for Guardian

INDIGO (BUTLER MIDDLE) View Scheduled Times All Conferences

Scheduled Staff Conferences

Tue Mar 24, 2020 from 5:00 PM - 5:30 PM

Status: Scheduled (Modify Attendees)

Topic: General Staff Conference (Week 1) SARA ALLEN

Building/Room

Notes

General Staff Conference Meeting Notes

No notes exist for this conference.

Add Note

Add Note

Date: 03/22/2020

* Summary:

Comments:

(*) Indicates a required field.

Save Back



Say Boo to the Flu

and Increase Education Funds for Your School!



Get vaccinated against the flu at your school's on-site Say Boo to the Flu clinic & **CNS will donate \$2** per eligible immunization back to your school.

CNS is able to bill the following insurances (No Copay):

Aetna, All Savers, Altius, Ameriben, Blue Cross Blue Shield, Cigna, Direct Care Administrators, DMBA, EMI Health, GEHA, Health Utah, HealthEZ, Healthwest, Imagine Health, MailHandlers, Meritan Health, Molina, Molina Marketplace, Oxford Health, PEHP, Select Health, Tall Tree Administrators, Town & Country, Tricare, United Health Care, U of U Health, UMR, WISE Network, CHIP, Medicaid, Medicare, Part B, & most Medicare Advantage Plans.

Reduced & no-cost flu vaccines will be available to individuals & families who are uninsured & unable to pay.



Partnering with your school to protect against the flu.

www.cns-cares.org

Please click below to view which schools in your District are "Saying BOO" this year

Community Nursing Services Say BOO schedule

Note: Community Nursing Services Immunization Program is committed to providing positive moments and experiences while providing safe and convenient on-site flu shot clinics throughout Utah. In addition to requiring facial coverings and social distancing, additional cleaning and preventative measures are being followed secondary to the current COVID-19 pandemic.

Distribution of these materials is in no way an endorsement of services, activities and/or products by this school district.

VNAA

2020 PSAT Information

The Preliminary SAT/National Merit Scholarship Qualifying Test is a great tool for students considering college. The PSAT/NMSQT measures critical reading skills, math problem-solving skills and writing skills. Alta High School recommends that students take the PSAT/NMSQT in order to receive feedback about strengths and weaknesses, enter the competition for National Merit Scholar scholarships (11th graders) and to help prepare for the SAT.

The 2020 PSAT will be administered on Wednesday, October 14 in the Hawk House. Students participating in this exam will be excused from their morning classes.

For the 2020 PSAT/NMSQT, students at Alta High School will be registering online at a cost of \$20. This registration will take a few minutes and can be completed from any computer with internet access.

Online Exam registration will begin on Mon, Sep 14, 2020 at 7:30 AM and end on Fri, Oct 9, 2020 at 3:00 PM. In order to register, students should click on the link provided on the school website or visit www.TotalRegistration.net/PSAT/450402 to register. To complete registration, students must answer all of the required questions. Registration is not complete until students have printed the pdf of the confirmation page that is provided at the end.

There are a limited number of tests available, so register before they sell out!

Alta High School is excited to offer families the convenience of paying exam fees online at the time of registration. Please be sure to have a **debit or credit card available before beginning registration**. Paying online is a great way to make sure that payment has been made while avoiding mailing payment.

Here are the important dates for the registration process:

- Mon, Sep 14, 2020 at 7:30 AM - Registration Begins
- Wed, Oct 7, 2020 at 11:59 PM - Registrations and payments after this date will incur a \$5 late fee .
- Fri, Oct 9, 2020 at 3:00 PM - Registration Ends
- Mon, Oct 12, 2020 - Registrations that have not been paid for will be canceled and exams will not be ordered.
- Wed, October 14, 2020 – PSAT Test in the Hawk House, 8:00 am

Please contact Shannon Kershaw, shannon.kershaw@canyonsdistrict.org, if you have questions.

School Breakfast/Lunch Program

School breakfast and lunch are now available at no charge to all Canyons District students under a temporary waiver from the USDA! Students attending Alta in person will continue to get their meals through the cafeteria during their usual times. All meals are free, and the cafeteria will not be offering any extras to purchase at this time.

Students choosing to learn from home can also obtain a free “Grab and Go” breakfast and lunch! This service is available to all Alta students and their siblings. If you would like to pick up your meals, please email Alta’s Nutrition Manager at rebecca.davies@canyonsdistrict.org by 9am each day. Pick up will be just inside the doors of the east entrance between 10:30 and 11:00am.

Grab and Go meal choices:

- Monday: Mini corn dogs
- Tuesday: Peanut Butter & Jelly
- Wednesday: Cheeseburger
- Thursday: Pizza
- Friday: Deli Sandwich

What's your

DREAM STEAM JOB?



Envision a future in science, technology, engineering, art, or math with I Heart Tech! Learn about tech careers, then grab your friends to create a video or web page imagining how your dream job will use technology. Adobe is sponsoring prizes for the best videos and Spark pages. This event is free and open to 9th - 12th graders across Utah - sign up through your school.

- Learn Adobe Rush or Adobe Spark with online workshops
- Create a video or web page about tech and your dream job (due by October 26)
- Join the online awards ceremony on October 29

Scan to Register



I ♥ TECH
AN ADOBE STEAM EVENT



FUTURE DOCTORS

2020-2021 Program will be held virtually through Canvas and Zoom

MONTHLY ACTIVITIES & EVENTS

REGISTRATION REQUIRED EACH MONTH

[HTTPS://MEDICINE.UTAH.EDU/OHEDI/HIGH-SCHOOL-PROGRAMS/FUTURE-DOCTORS.PHP](https://medicine.utah.edu/ohedi/high-school-programs/future-doctors.php)



THE UTAH CENTER FOR LEGAL INCLUSION PRESENTS

WEDNESDAY WEBINARS

A weekly series exploring the law and legal careers



EVERY WEDNESDAY AT 4:00 PM

SEPTEMBER 2: PREMIERE EPISODE
SEPTEMBER 9: RESOURCES FOR HIGH SCHOOL STUDENTS
SEPTEMBER 16: RESOURCES FOR UNDERGRADS
SEPTEMBER 23: WHAT I WISH I'D KNOWN IN LAW SCHOOL
SEPTEMBER 30: RESOURCE ROUNDTABLE
(BOOK: AN AFRICAN AMERICAN AND LATINX HISTORY OF THE UNITED STATES)

[CLICK HERE TO JOIN US!](#)

