



¡Para ver los anuncios importantes en español en la tercera página de este boletín!

Week of September 14th, 2020

Alta High School

Soar to a New ALTitude

We are an inclusive learning community with a tradition of inspiring, supporting, and collaborating with students as they prepare to be engaged citizens in their pursuit of continuous success.

- ✓ **COVID-19 Updates** – Please view the COVID-19 updates for the Alta High Community on page 4 of this newsletter each week.
 - PPE Materials for Students: Last week, a microfiber cleaning cloth and two additional masks were distributed to students via advisory. Students should use the cloth to sanitize their desk each period and launder it on the weekends. Students who do not have an advisory class can obtain these items from the Alta Main Office.
 - Water Bottles: We have metal Alta water bottles in three colors for sale in the Alta Main Office for only \$8.
 - Alta Masks: are on sale at [Your Masks Now](#). Use discount code "AHS" and it will take \$2.00 off the price!
- ✓ **Creating a Parent Canvas Account** – Whether your student is attending school in person or online, a lot is happening on Canvas this school year. Please view pages 5 and 6 for instructions on how to become an observer in your student's courses.
- ✓ **Dress Code Policy** – As parents, we ask that you please help to ensure that your student is adhering to the Canyons District board approved dress code policy. A full explanation of this policy can be found on pages 23-24 of the [Canyons District Student Conduct and Disciplinary Process Policy](#).
- ✓ **School Pictures** – Picture proofs from the first set of school pictures on August 13th are available to be picked up outside of the Alta main office. You may order pictures on the Lifetouch websites using the picture day ID code in the packet.
- ✓ **School Meals** – School breakfast and lunch are now available at no charge to all Canyons District students under a temporary waiver from the USDA. For information about how to obtain these meals at Alta, whether your student is learning in-person or virtually, please see page 8.
- ✓ **Math Tutoring** – Please view the schedule on page 7 for math tutoring opportunities for your student.
- ✓ **Alta Counseling's Plan for College and Career Readiness Course is Live!** – Many students may have been wondering what this course is and why it's suddenly showing up on your Canvas home page. This course will be used as a communication and information platform for your Alta High Counselors to connect with you. We will be using Canvas for posting important information, announcements, presentations, and anything else we feel Alta students should have to feel college and career ready!
- ✓ **Register for the PSAT!** – 10th and 11th graders interested in taking the PSAT will need to register before October 9th. This is a practice SAT exam and a qualifier for the National Merit Scholarship Program. Please see page 8 for more information about the PSAT and how to register.
- ✓ **Parking** – There are still several parking spots open in the student parking areas on the west side of Alta High. Students can purchase a parking pass for \$10 in the Main Office. Students cannot park on the neighboring streets surrounding the school, especially if they are blocking driveways, mailboxes and garbage pickup areas. Students who do so or who park on campus without a parking pass or in the east faculty lot may be ticketed.
- ✓ **Emails from Alta** – There have been some families who are not receiving our emails. Here are some ideas about how to fix this: (1) Set up your notification options in the Skylert area in Skyward. (2) Make sure you haven't opted out from receiving notifications. (3) If you ever clicked on "unsubscribed" on a previous email from us, you will need to contact IT at 801-826-5544 to change you back to "subscribed" again. (4) Check your spam/junk folder, especially if you have a Yahoo or Comcast email. Hopefully these hints will help you resolve this issue.
- ✓ **Attention Freshman** – Indian Hills Yearbooks for LAST year finally were delivered! If you ordered one, pick it up curbside at Indian Hills on Wed, Sept 16th from 3:15-4:00 or Sat, Sept 19th from 10:00-11:00am. If other arrangements need to be made, please email IHMSmemorybook@gmail.com.

UPCOMING Events

***To help prevent the spread of COVID-19, spectators will be limited at all competition and performance events.*

Tuesday, September 15th

Senior Sunrise

6:45am, Alta Stadium, 12th Grade Students Only
Admission is Limited; [Obtain your free ticket here.](#)
Masks and Physical Distancing Required

Girls Tennis Match vs Mountain Ridge

3:30pm, Alta Tennis Courts

Freshman Football Game

6:00pm, Brighton High School

Wednesday, September 16th

Freshman Soccer Game

5:00pm, Corner Canyon High School

Thursday, September 17th

1st Quarter Midterms

Check Skyward for Updated Grades

Girls Soccer Game vs Lehi

3:30pm, Alta Soccer Field

Girls Tennis Match

3:30pm, Lehi High School

JV Football Game vs Mountain Ridge

3:30pm, Alta Stadium

Sophomore Football Game vs Mountain Ridge

6:00pm, Alta Stadium

Volleyball Game

6:00pm, Timpanogos High School

Friday, September 18th

Cross Country Meet

2:00pm, Spanish Fork Sports Park

Freshman Soccer Game

4:00pm, Skyridge High School

Football Game

7:00pm, Mountain Ridge High School

September 21st-22nd

Virtual Parent Teacher Conferences

Watch for an email with information later this week.



Semana del 14 de septiembre de 2020

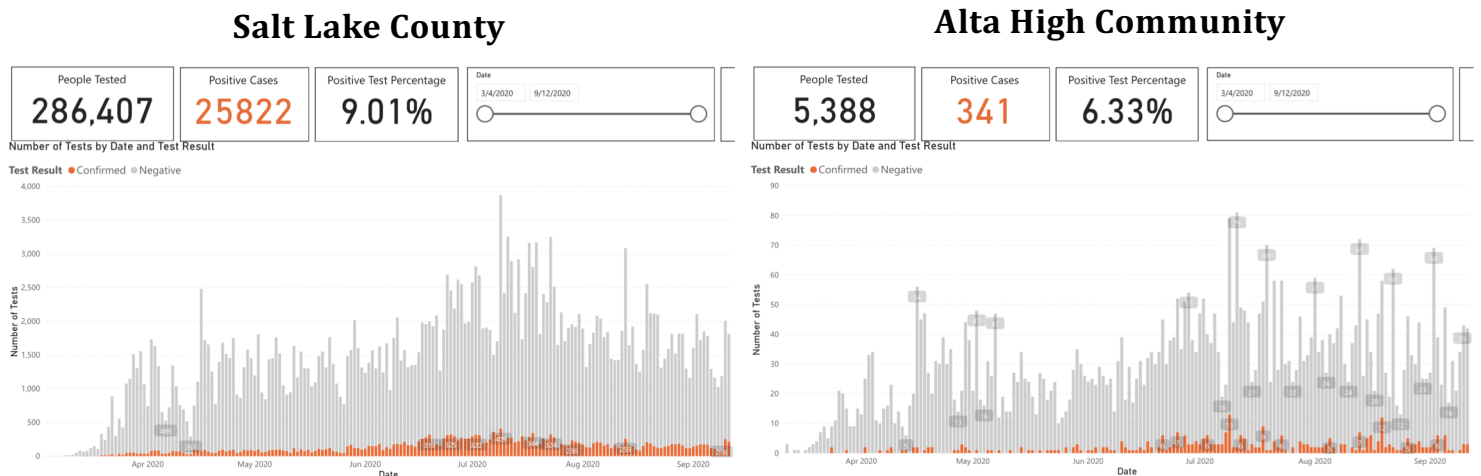
Escuela Secundaria Alta

Vuela a una nueva ALTitude

Nosotros somos una comunidad con un ambiente inclusivo de aprendizaje que tiene como tradición inspirar, apoyar, y colaborar con los estudiantes en su preparación para convertirse en residentes dedicados a la búsqueda continua del éxito.

- ✓ **Actualizaciones de COVID-19:** vea las actualizaciones de COVID-19 para la comunidad de Alta High en la página 4 de este boletín cada semana.
 - Materiales PPE para estudiantes: La semana pasada, se distribuyó a los estudiantes un paño de limpieza de microfibra y dos máscaras adicionales a través de un asesoramiento. Los estudiantes deben usar la tela para desinfectar su escritorio cada período y lavarla los fines de semana. Los estudiantes que no tengan una clase de asesoría pueden obtener estos artículos en la oficina principal de Alta.
 - Botellas de agua: Tenemos botellas de agua Alta de metal en tres colores a la venta en la oficina principal de Alta por solo \$ 8.
 - Máscaras Alta: están a la venta en [Tus máscaras ahora](#). Use el código de descuento "AHS" y le quitará \$ 2.00 del precio.
- ✓ **Creación de una cuenta de Canvas para padres** - Ya sea que su estudiante asista a la escuela en persona o en línea, están sucediendo muchas cosas en Canvas este año escolar. Consulte las páginas 5 y 6 para obtener instrucciones sobre cómo convertirse en observador en los cursos de su estudiante.
- ✓ **Política del código de vestimenta:** como padres, les pedimos que ayuden a garantizar que su hijo se adhiera a la política del código de vestimenta aprobada por la junta del Distrito de Canyons. Puede encontrar una explicación completa de esta política en las páginas 23-24 del [Política del proceso disciplinario y de conducta estudiantil del distrito de Canyons](#).
- ✓ **Fotografías de la escuela:** las pruebas de imágenes de la primera serie de fotos de la escuela el 13 de agosto están disponibles para ser recogidas fuera de la oficina principal de Alta. Puede solicitar fotografías en los sitios web de Lifetouch utilizando el código de identificación del día de la fotografía en el paquete.
- ✓ **Comidas escolares:** el desayuno y el almuerzo escolar ahora están disponibles sin cargo para todos los estudiantes del distrito de Canyons bajo una exención temporal del USDA. Para obtener información sobre cómo obtener estas comidas en Alta, ya sea que su estudiante esté aprendiendo en persona o virtualmente, consulte la página 8.
- ✓ **Tutoría de matemáticas:** consulte el programa en la página 7 para conocer las oportunidades de tutoría de matemáticas para su estudiante.
- ✓ **¡El Plan de Alta Consejería para el Curso de Preparación Universitaria y Profesional está en vivo!** - Es posible que muchos estudiantes se hayan estado preguntando qué es este curso y por qué aparece de repente en su página de inicio de Canvas. Este curso se utilizará como una plataforma de comunicación e información para que sus Consejeros de Alta Alta se conecten con usted. ¡Usaremos Canvas para publicar información importante, anuncios, presentaciones y cualquier otra cosa que consideremos que los estudiantes de Alta deberían tener para sentirse preparados para la universidad y la carrera!
- ✓ **¡Regístrese para el PSAT!** - Los estudiantes de 10 ° y 11 ° grado interesados en tomar el PSAT deberán registrarse antes del 9 de octubre. Este es un examen SAT de práctica y califica para el Programa Nacional de Becas al Mérito. Consulte la página 8 para obtener más información sobre el PSAT y cómo registrarse.
- ✓ **Estacionamiento:** todavía hay varios lugares de estacionamiento abiertos en las áreas de estacionamiento para estudiantes en el lado oeste de Alta High. Los estudiantes pueden comprar un pase de estacionamiento por \$ 10 en la oficina principal. Los estudiantes no pueden estacionarse en las calles vecinas que rodean la escuela, especialmente si están bloqueando las entradas, buzones de correo y áreas de recolección de basura. Los estudiantes que lo hagan o que estacionen en el campus sin un pase de estacionamiento o en el estacionamiento de la facultad este pueden recibir una multa.
- ✓ **Correos electrónicos de Alta** - Ha habido algunas familias que no están recibiendo nuestros correos electrónicos. Aquí hay algunas ideas sobre cómo solucionar esto: (1) Configure sus opciones de notificación en el área de Skylert en Skyward. (2) Asegúrese de que no ha optado por no recibir notificaciones. (3) Si alguna vez hizo clic en "cancelar suscripción" en un correo electrónico anterior de nuestra parte, deberá comunicarse con el departamento de TI al 801-826-5544 para que vuelva a estar "suscrito". (4) Verifique su carpeta de correo no deseado / basura, especialmente si tiene un correo electrónico de Yahoo o Comcast. Esperamos que estas sugerencias te ayuden a resolver este problema.
- ✓ **Atención Freshman** - ¡Finalmente se entregaron los anuarios de Indian Hills del ÚLTIMO año! Si ordenó uno, recójalo en la acera en Indian Hills el miércoles 16 de septiembre de 3: 15-4: 00 o el sábado 19 de septiembre de 10: 00-11: 00 am. Si es necesario hacer otros arreglos, envíe un correo electrónico IHMSmemorybook@gmail.com.

COVID-19 Updates for the Alta High Community



For more data and information, visit the Salt Lake County Health Department's [COVID-19 Data Dashboard](#).
NOTE: School-specific data is now available on page 10 of this dashboard.

Symptoms of COVID-19



Fever

(temperature of
100.4°F or 38°C or
higher or feeling
feverish)



Cough



Shortness of breath



Decrease in sense of smell or taste



Sore throat



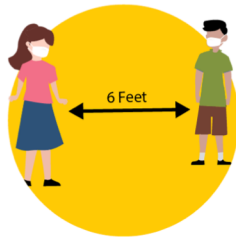
Muscle aches and pains

Children who are sick at all should not go to school. Parents should check students for symptoms of COVID-19 every day before school. If students, teachers, or employees have any of the 6 symptoms of COVID-19, which make them eligible for testing, they should call a healthcare provider and get tested for COVID-19, even if the symptom is mild. Testing locations can be found at <https://coronavirus.utah.gov/testing-locations>.

Healthy Hygiene Procedures



Wash Hands
for 20 Secs



Physically
Distance

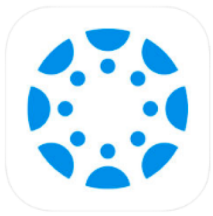


Wear a Cloth
Mask



Stay Home if
You are Sick

For more information, please view the [Canyons COVID-19 Manual](#).



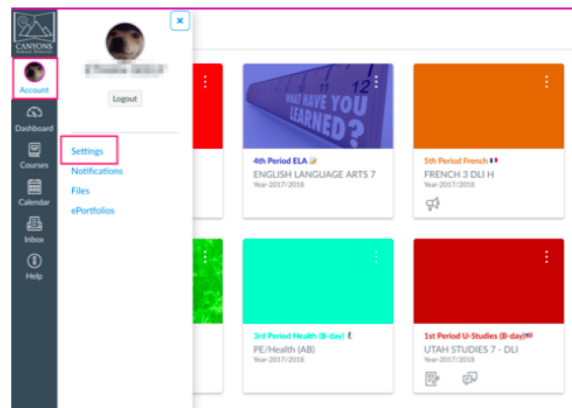
Observing Your Student in Canvas

Canvas provides an easy way for you to know what your student is doing on Canvas. You can observe your student's Canvas activity online using any internet browser or through the Canvas Parent app that can be downloaded to an iOS or Android device. The directions below describe how to connect to your student's Canvas account using a pairing code.

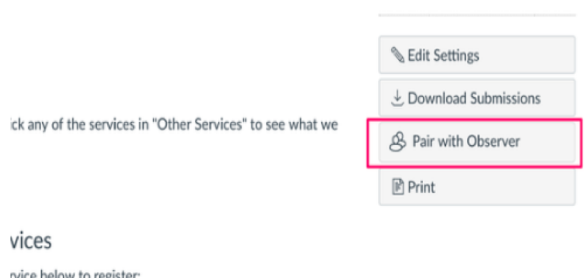
Accessing the pairing code in your student's Canvas account.

1. Have your student log in to their Canvas account using their CSD login credentials.

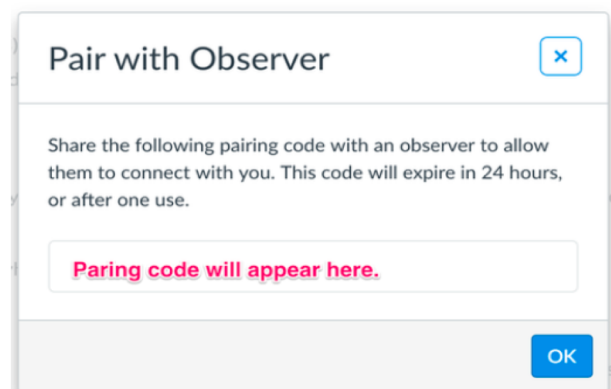
2. Click **Account** and select **Settings**.



3. Once in the account settings, click on **Pair with Observer**. (Located on the right-hand side of the screen.)

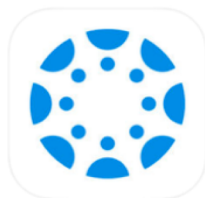


4. A pop up window will appear that has the pairing code for the student. This is the code parents use to connect to their student's account in Canvas.



Connecting to Your Student's Canvas Account Using through the Canvas Parent App

1. Download the Canvas Parent App



Canvas Parent (4+)
 Instructure Inc.
 ★★★★★ 3.8, 1.6K Ratings
 Free

2. Open the app and select "Find My School"



Find my school

We've made a few changes. [See what's new.](#)

3. Under "What's your school's name?" type Canyons School District

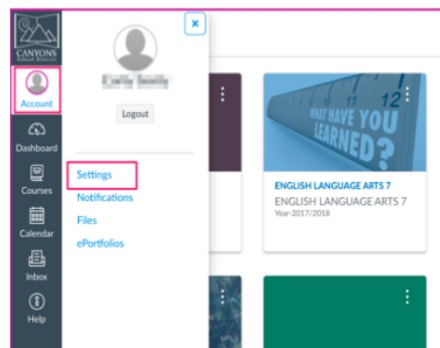
4. Sign in to Canvas. (If you don't have a Canvas account, click on Create Account. You will need the student pairing code when creating a new account.)

OR

Connecting to Your Student's Canvas Account Online.

1. Go to <https://canyons.instructure.com> and log in to your Canvas account. If you don't have an account with Canvas click "Click here for an account"

2. Click Account and select Settings.



3. Once in the account settings, click on Observing. Type the student pairing code in the space provided, and click +Student.

MATH LAB & COMPUTER LAB

2:30 – 4:00 pm

SEPTEMBER

*CHROMEBOOKS WILL BE AVAILABLE FOR HOMEWORK USE



	1 SCHINO (2203)	2 MAHONEY (2405)	3 SHELDON (2113)	4 NONE
7 NO SCHOOL	8 SCHINO (2203)	9 MAHONEY (2405)	10 SHELDON (2113)	11 NONE
14 THOMAS (2213)	15 SCHINO (2203)	16 MAHONEY (2405)	17 SHELDON (2113)	18 NONE
21 NONE	22 SCHINO (2203) 2:30-3:30	23 MAHONEY (2405)	24 SHELDON (2113)	25 NO SCHOOL
28 THOMAS (2213)	29 SCHINO (2203)	30 MAHONEY (2405)		

OCTOBER

			1 SHELDON (2113)	2 NONE
5 THOMAS (2213)	6 SCHINO (2203)	7 MAHONEY (2405)	8 SHELDON (2113)	9 NONE
12 THOMAS (2213)	13 SCHINO (2203)	14 MAHONEY (2405)	15 NO SCHOOL	16 NO SCHOOL
19 THOMAS (2213)	20 SCHINO (2203)	21 MAHONEY (2405)	22 SHELDON (2113)	23 NONE
26 THOMAS (2213)	27 SCHINO (2203)	28 MAHONEY (2405)	29 SHELDON (2113)	30 NONE

NOVEMBER

2 THOMAS (2213)	3 SCHINO (2203)	4 MAHONEY (2405)	5 SHELDON (2113)	6 NONE
9 THOMAS (2213)	10 SCHINO (2203)	11 MAHONEY (2405)	12 SHELDON (2113)	13 NONE
16 THOMAS (2213)	17 SCHINO (2203)	18 MAHONEY (2405)	19 SHELDON (2113)	20 NONE
23 THOMAS (2213)	24 SCHINO (2203)	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 THOMAS (2213)				

2020 PSAT Information

The Preliminary SAT/National Merit Scholarship Qualifying Test is a great tool for students considering college. The PSAT/NMSQT measures critical reading skills, math problem-solving skills and writing skills. Alta High School recommends that students take the PSAT/NMSQT in order to receive feedback about strengths and weaknesses, enter the competition for National Merit Scholar scholarships (11th graders) and to help prepare for the SAT.

The 2020 PSAT will be administered on Wednesday, October 14 in the Hawk House. Students participating in this exam will be excused from their morning classes.

For the 2020 PSAT/NMSQT, students at Alta High School will be registering online. This registration will take a few minutes and can be completed from any computer with internet access.

Online Exam registration will begin on Mon, Sep 14, 2020 at 7:30 AM and end on Fri, Oct 9, 2020 at 3:00 PM. In order to register, students should click on the link provided on the school website or visit www.TotalRegistration.net/PSAT/450402 to register. To complete registration, students must answer all of the required questions. Registration is not complete until students have printed the pdf of the confirmation page that is provided at the end.

There are a limited number of tests available, so register before they sell out!

Alta High School is excited to offer families the convenience of paying exam fees online at the time of registration. Please be sure to have a **debit or credit card available before beginning registration**. Paying online is a great way to make sure that payment has been made while avoiding mailing payment.

Here are the important dates for the registration process:

- Mon, Sep 14, 2020 at 7:30 AM - Registration Begins
- Wed, Oct 7, 2020 at 11:59 PM - Registrations and payments after this date will incur a \$5 late fee .
- Fri, Oct 9, 2020 at 3:00 PM - Registration Ends
- Mon, Oct 12, 2020 - Registrations that have not been paid for will be canceled and exams will not be ordered.
- Wed, October 14, 2020 – PSAT Test in the Hawk House, 8:00 am

Please contact Shannon Kershaw, shannon.kershaw@canyonsdistrict.org, if you have questions.

School Breakfast/Lunch Program

School breakfast and lunch are now available at no charge to all Canyons District students under a temporary waiver from the USDA! Students attending Alta in person will continue to get their meals through the cafeteria during their usual times. All meals are free, and the cafeteria will not be offering any extras to purchase at this time.

Students choosing to learn from home can also obtain a free “Grab and Go” breakfast and lunch! This service is available to all Alta students and their siblings. If you would like to pick up your meals, please email Alta’s Nutrition Manager at rebecca.davies@canyonsdistrict.org by 9am each day. Pick up will be just inside the doors of the east entrance between 10:30 and 11:00am.

Grab and Go meal choices:

- Monday: Mini corn dogs
- Tuesday: Peanut Butter & Jelly
- Wednesday: Cheeseburger
- Thursday: Pizza
- Friday: Deli Sandwich